

Celebrating
life's
precious
moments



Choices

Center for Hospice Care

Issue 23

Making the most of life

contents

issue 23



ON THE COVER:



One of the last Pearl Harbor survivors, Jimmy DeWitt has experienced many things on his life's journey.

Choices

Center for Hospice Care
Making the Most of Life

Board of Directors

Jennifer Ewing, RN, MSN,
NP-C, AOCNP

Chair

Mark Wobbe
Vice-Chair

Kurt Janowsky
Treasurer

Mary Newbold
Immediate Past Chair

Jeffrey Bernel
Roland W. Chamblee Jr.

Brian Huber, MD

Kevin Murphy

Andy Murray

Wendell Walsh

IN EVERY ISSUE:

3 From the President

The Gift of Time

4-7 Thousands of Miles of Life
and Love

Understanding Hospice Care

8-9 No Place Like Home: The Man
Who Loved Mishawaka

9 Notes from our Families

10 Camp Evergreen

11 Endowing Bereavement Programs

Calendar of Events

14 Bereavement Group Calendar

15 Volunteer Application



Recapping 2021



Thanks to you and people like you, it was another successful year for Center for Hospice Care (CHC), Hospice Foundation (HF) and Global Partners in Care (GPIC). It was our 41st anniversary of caring for patients, their families, and our greater community through hospice, home health, community education, and bereavement intervention.

Patient / family care takes place in whatever place, nearly everywhere

– personal residences, in one of nearly 100 nursing homes, group homes, assisted living facilities, and hospitals that have chosen CHC to provide care, as well as in our owned and operated hospice inpatient facilities.

By the close of 2021, we had cared for over 43,000 patients. About half of those patients have been served in just the last decade, and about one in four in just the last five years alone. It is a profound privilege to help meet the needs of each one of them on their terms while assisting them in discovering the many choices to make the most of life.

When we began caring for patients, we made a promise to this community that nobody who was eligible for, and desired, hospice care would be turned away due to an inability to pay for that care. In fact, just within the last seven years, Center for Hospice Care has provided free care, charity care, discounted patient care, write-offs and free community bereavement counseling services totaling nearly \$15 million. We couldn't do that without the generosity of a very giving community. This is evidenced by the fact that during 2021, HF received cash gifts totaling \$3,443,708.

The generous support in 2021 also included gifts to the Milton Village project. Milton Adult Day Services, a service of CHC, provides a structured setting for Alzheimer's and dementia patients who require supervision and need health, social, and support services during the day. Construction on this unique Milton Village, which completely transformed our Roseland facility, took place over most of the year. CHC connected with the



Netherlands-based Vivium Group, the internationally known inventors of the Dementia Village concept, and they provided consultative guidance. Milton Village opened to adult day clients on May 2, 2022.

Part of our care includes bereavement services which are provided at no charge. Individual and group counseling continues to be available to anyone dealing with the loss of a loved one anywhere within our service area. There were over 4,889 individual and group counseling sessions provided during 2021. Of the total bereaved clients served last year, 38% were from the community with no prior experience with CHC, the highest percentage in our history.



Camp Evergreen is an annual grief camp for youth and teens that have suffered the loss of a loved one.

Thousands of Miles of Life and Love: A Pearl Harbor Veteran's Story

By Kristiana Donahue

The Penniless Hitchhiker

At only four years old, Jim "Jimmy" DeWitt was left at an orphanage in Mexico, IN after his parents died of Tuberculosis. Though his older siblings also resided there, two brothers and a sister, he never got to see them. When he became older, he had hoped that his placement at a farmer's home, 70 miles away in Kimmel, IN, might finally bring him family. The 80-acre farm was always abundant with work, and Jimmy worked hard. However, he soon realized that he was wanted for his manual labor, not a true son. Regardless of how hard he worked, he never felt he was a genuine part of the family. So, at 15 years old he decided to run away, with plans to head for California.



Jimmy DeWitt's 8th grade photo

help him find it. "Well, what's the number?" the police officer asked Jimmy. Jimmy didn't have any idea. "Kid," the police officer continued. "Do you know that Clark Street is 30 miles long?" His search for family in Chicago proved fruitless, so he decided to continue his journey west.

While hitchhiking Highway 66, he made it to Dallas, TX. It was summer and carnivals were going on all the time. He was able to find food and sustain his nomadic life, at least for a time. It was approaching late August, and school was going to start. Although he was good at school, he didn't like it. But something

propelled him to turn back so he could start his sophomore year. He made it to Grant Park, in Chicago, where another aunt and uncle lived. He asked them if he could live there with them, he would do anything. They said yes, but wanted to chat with the orphan home first, as they wanted to follow any proper procedures. Unfortunately, that didn't go well. Jimmy was quickly returned to the orphan home in Mexico, IN. After completing his sophomore and junior years, he was asked to return to the Kimmel farmer, and for reasons not clear to himself, he agreed. He completed his senior year at Cromwell High School near Kimmel.

A New Love

After he graduated, Jimmy went to live and work on a nearby farm, this time it was a young couple with a three-year-old daughter. The little girl was like a sister to him; he'd play with her while her parents were busy running their farm. One fall evening Jimmy was milking in the barn. The young couple were hosting some relatives, and they had three girls and two boys. The young couple's little girl started crying because she wanted to see Jimmy. The guests' older daughter was asked to take her out to the barn to see him. That's when Jimmy met Mary. They got to talking and he found out that she was from Panama City, FL. They talked for about a half hour and Jimmy realized immediately that there was something he liked about her. He hoped that after the milking and his other chores were completed, he would be able to catch up with her. When he was done with his work, they were gone.

The company was at the farm again the next day, except for Mary. During his lunch break, he struck up a conversation with her parents. Finding out that he wanted to visit Florida sometime, they extended a welcome to him, which he remembered a few months later. He let them know that he enlisted in the Navy and he was on a wait list, so he didn't think

he'd be able to visit them. While he was waiting for the Navy's call, he continued working at the farm. Thanksgiving passed and all the field work was done for the year. Jimmy asked his employer for a week off to go to Florida. With \$8.00 in his pocket this time, he hitchhiked a thousand miles to Panama City. For \$.50 he stayed in a rooming house and then met Mary's family the next day. She showed him her hometown. Jimmy realized that the day he met her, he hadn't gotten a good look at her. When he saw her in sunny Florida, as opposed to a dark barn on a fall Indiana evening, he realized she was much younger than he remembered. She was only 14 years old, and he was 18. Her age coupled with his six-year contract with the Navy caused him pause in his pursuit of her. He thought nothing could come of it. But he did send her a card from Hawaii when he got there and in 1942, he sent her a Christmas card. Then, one day, he received a letter from her, much to his delight. He said he would write to her every day and asked her to do the same, beginning their courtship. Something came of it after all. But many more miles would be traveled before their story began.

The Navy Years

Though Jimmy didn't have any contact with his siblings while growing up in the orphan home, he did have some contact once he joined the Navy. His older brother joined the Navy, and Jimmy decided to follow in his footsteps. They were both on the U.S.S. Medusa. While this could have been a time to grow closer, they actually had quite different interests. His brother wanted to frequent the bars; Jimmy wasn't interested in that. But their time in the Navy proved to be one of the most epic moments in history.

Early in his naval career, Jimmy found that some of his decisions in high school had proven quite fruitful. Even though he was the only boy in the class, Jimmy had decided to take typing and shorthand in high school, simply because he was interested in it. Because of these skills, he was able to quickly expedite his promotions, bypassing some of the traditional processes. He went to the captain's office one morning,



Jimmy DeWitt joined the United States Navy in December of 1939.

along with seven other seamen, to strike for Yeoman (this means that they were vying for a promotion in rank). They handed each of them a worksheet and asked them to type it and bring it back. "I could type 75 words per minute," Jimmy said. When his superior saw him return quickly he said, "Back already? Boy, this looks good. I don't suppose you know shorthand?" This caught the attention of his superiors; however, he was told he had to be on the ship's deck force for a year and then six months of KP (kitchen patrol) before he could be promoted to Yeoman. Jimmy thought that was the end of it. The captain and the executive officer had a discussion. The captain ended up explaining his position, "If you have somebody in the Navy that can do the job and nobody else wants the job or can do it, I think we are obligated to do it. I want him transferred immediately."

While he found ways of moving quickly up ranks, he also had to learn new ways of living...life on a ship. "You learn to sleep in that hammock in a short time," Jimmy remembered. "We hit rough water and I went to turn in my hammock. I grabbed for something, and it ended up about 12 of us hit the deck. That was an experience. You heard a lot of cussing." The following morning, they were all on

Thousands of Miles of Life and Love (continued)

the bow scraping the waterways all around the ship. "Everybody was just like drunk," he said. "All the guys on there were not used to a ship. They got seasick. It must have looked awful. I was so sick. What was I doing in the Navy?"

Pearl Harbor

Jimmy was transferred to the U.S.S. Antares, a supply ship. The Antares was loading up to take a corps of engineers to Camp Milan, a British-owned island about halfway to Australia. They went to Kanton Island. "The Japanese were talking in Washington and apparently it hadn't gone very well," Jimmy recalled. "The Antares didn't have any armament on it, so they sent the destroyer, U.S.S. Selfridge to escort us. They directed us to go to Palmyra Island, about 1,100 miles south of Honolulu, to tow a yard craft back to Pearl Harbor."

The U.S.S. Selfridge had sonar equipment. They picked up something that was following them. When asked who they were, they didn't answer. It was assumed they were Japanese. The destroyer would go around the supply ship once in a while at high-speed trying to locate where they were. They lost contact with that submarine, but the destroyer U.S.S. Porter picked it up later. "Roosevelt had said he didn't want anybody doing anything," he continued. "He wanted the Japanese to make the first move."

"We reached the entrance to Pearl Harbor at 5:30 that morning," Jimmy remembered. "The Japanese came in at 7:48 a.m. It was our ship that spotted the submarine." What was quite surprising is the sense of calm and peace prior to the attack. Jimmy recalled that beautiful Hawaiian music was being played over the intercom that morning. "It was a Sunday morning. We thought everything is peaceful." Then the music stopped suddenly, and they called out, "This is an air raid! Take cover!" They kept repeating that. Everything escalated from that point.

"They wouldn't let us in the harbor," Jimmy continued. "Because they knew there was more

trouble ahead." Shortly later, around 9:00 a.m., another attack ensued. This time, American guns were manned, and Jimmy remembered that shells and debris were dropping all over them. He, along with seven other crew members, were on the bow of the ship watching the dogfight over their heads; they were amazed how the Americans got eight planes in the air for the second attack. Then, as they were watching the dogfight, a Japanese plane opened fire on their ship. They hit the deck. "They ordered us to get down below, and that is the first time I got scared," he continued. "I didn't want to be down there if a bomb hit us. The only way you got out of there is on a ladder." Fortunately, the Antares wasn't bombed, but they were hit with bullets, sustaining damage to the radio shack and the bridge.

They never did go in the harbor, but instead went to Honolulu. Destroyers were sent to protect the harbor from Japanese submarines. "The next morning, at eight o'clock, I got a telegram from the Red Cross saying my brother was in the hospital in Pearl Harbor," Jimmy recalled. "That was the worst day for me. The place smelled awful with burning." Most of the sailors wore T-Shirts and shorts, no protection against the bombs. The Japanese were dropping incendiary bombs, while they weren't big, they started a multitude of fires. Many of the casualties were caused by these fires. "My brother wasn't injured," Jimmy continued. "He had asthma and got a case of yellow jaundice, and they flew him back. He got out of the Navy in April. He was discharged for medical reasons. He never went through the war."

From Navy to Nuptials

During his years in the Navy, he always had his mind on his future and the girl he met while milking cows. Jimmy was eventually sent to Treasure Island for just less than two years. Then he was sent to Guam to start a receiving station. Hagatna, Guam's capital, was not far from the Navy's seaport. "It



Mary and Jimmy DeWitt were married on January 27, 1946 in Panama City, FL

was destroyed by bombing," he said. This was the last place he was stationed prior to his journey back to Los Angeles. Jimmy wanted to save his earnings; therefore, he would only draw the money he absolutely needed. He never took all his pay. He would just take \$5 here and \$10 there, but most of it he just let accumulate. It paid off for him. "I got a check for \$3,782," he boasted. "That was a lot of money then." He headed back to the United States in an aircraft carrier. "I told the guys in Guam that I was going 7,500 miles to ask a girl to marry me." And that is exactly what he did.

Once in Los Angeles, he couldn't get out of the area because of thousands of soldiers coming home. He got his pay on December 21, just four days before Christmas. He didn't want to wait long to organize transportation to Panama City, Florida... so he hitchhiked. "Everybody would pick me up," he recalled. "All I had was my seabag and my uniform." The likelihood of him arriving in Florida by Christmas was quite slim, so he ended up staying in San Antonio with the family of his best friend. After Christmas with that family, he continued his journey and he continued hitchhiking.

He arrived in Panama City around New Year's. "I didn't want them to know I hitchhiked, so I bought a bus ticket," he said. They came to pick him up from

the bus station. He got out and then shook Mary's hand. That night, when they got to their home, he asked her to marry him. "That was six years and four months from the first time I met her," he said. She was 20 years old, and he was 24.

"She gave me heaven on earth," Jimmy said, a glint in his eyes. "I had everything a man could hope for. I hit the jackpot." Together they built a lovely life. They worked together for 32 years. They had a grocery store in Wawaka, Indiana and later they bought a bowling alley in Culver, Indiana. The two of them raised two boys and two girls. His beloved Mary passed away in October 2005, just a few months short of their 60th wedding anniversary. Their family has grown to include 10 grandchildren and 12 great-grandchildren.



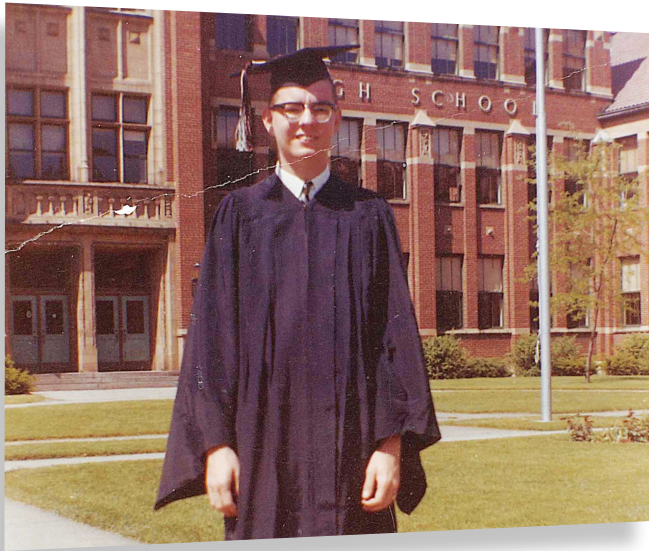
Jimmy and Mary celebrate their 50th wedding anniversary in 1996 with their children (from left to right) Kathy, John, Jim Jr. and Karen

There aren't many Pearl Harbor survivors left. Jim DeWitt's memory is astounding. He has even been interviewed by the History Channel. He is a valuable resource and history "book" for the younger generations. It was the honor of Center for Hospice Care's staff along with his family and caregivers to honor his service with a Veteran pinning. Jimmy has traveled many miles since he slept on the ground in Chicago at 15 years old. He traveled by sea, plane and hitchhiked his way across thousands of miles to find his one true love with whom he built a lovely life.

No Place Like Home: The Man Who Loved Mishawaka

By Kristiana Donahue

In today's day and age, we move a lot. According to census data, the average American moves 11.7 times in their lifetime. For Joseph DeKever, there was only one place he ever wanted to live... his beloved Mishawaka. It's where he was raised and where he raised his family; it's where he built his life and it's where he spent his last moments. Joseph loved the Princess City.



Joseph DeKever's graduation from Mishawaka High School.

Joe was born in Mishawaka on April 5, 1943. He grew up on Eighth Street, graduated from St. Bavo School and then Mishawaka High School in the Class of 1961. While attending IUSB, he was a part of the Catholic Young Adult organization. This group would organize Friday night dances at the Laurel Club in South Bend, as well as trips to the beach, Communion breakfasts and many other activities. It was through the Catholic Young Adults and a common class at IUSB that Joe met Mary Ann. On August 21, 1965, Joe and Mary Ann were married at St. Casimir Church in South Bend. "We used to tease that Mishawaka was the land of milk and honey," Mary Ann said. "Because my friend met her husband, through us, at the same place."

Joe used to say that the sun rises sooner in Mishawaka. Perhaps that is why he decided to live his entire life in Mishawaka, minus a short month that he and his newlywed wife resided in a River Park apartment. They lived in a house on the north side when they added two boys to their family, Peter and then Andrew. In 1979, after their daughter Mary was born, they moved to a cozy neighborhood right off the river and called Linden Avenue home. He continued to root his life in his hometown as the children attended school in Mishawaka. He joined the Mishawaka Council, served on the library board, and wrote a column entitled Joe's Jottings, which appeared in *The Enterprise* and for a short time in *The Penny Saver*.

Joe loved sports. Most of Joe's Jottings revolved around sports, such as the football forecast. His love of sports also led him and his family to the Olympics. "He was a big Olympics fan," Mary Ann recalled. "We went to a lot of Olympics." The first Olympics they attended was the 1976 Montreal Olympics. They were able to attend many after that: Lake Placid, Los Angeles, Calgary, Barcelona, Atlanta, Sydney, Athens, Beijing and London. Joe and Mary Ann truly enjoyed seeing beautiful areas



of the world through travel to the Olympics and other international travel. Joe always wanted to come home. "We are in Mishawaka and we're never moving anywhere," Mary Ann recalled Joe's words. "I'm never leaving our house on Linden Avenue."

This past January, Joe was clearing snow from their driveway when their daughter found him lying on the ground. He was speaking at that point, but everything progressed so quickly. The ambulance rushed him to Memorial Hospital and within the next few days, due to continual bleeding in the brain, the doctors shared with the family that recovery wasn't likely. They offered a room on their hospice floor. "But Memorial Hospital is not in Mishawaka," Mary Ann said. "I told them, Joe was born in Mishawaka, and he certainly did not want to die in South Bend." That's when a team of caregivers from Memorial Hospital and Center for Hospice Care worked together to make returning to his beloved hometown a reality.

Joe was settled in a room at the Ernestine M. Raclin House, where within only a short time later, he passed away, surrounded by his loving family.



Mary Ann and Joseph DeKever with their three children, Peter, Mary and Andrew.

"It was very worth it," Mary Ann explained. "Our youngest son Andrew rode in the ambulance with Joe on his way to the Raclin House. He texted when they crossed over South Bend to Mishawaka." For someone who loved Mishawaka so much, it was a true honor to allow his last moments to be at home. As L. Frank Baum wrote in *The Wonderful Wizard of Oz*, "No matter how dreary and gray our homes are, we people of flesh and blood would rather live there than in any other country, be it ever so beautiful. There's no place like home."

Notes From Our Families to Center for Hospice Care

Difficult situation – neighbor who became homeless during coldest part of winter – had nowhere else or family to go to. A challenge for us older persons to care for him in our basement. Hospice worked hard to try to find a facility. Their compassionate care helped us get through until he died. Made all the difference. Wonderful care!

Thank you for your caring team of people. Everyone did a super job! We appreciated your hard work. Couldn't have done it without all your help and guidance!

We loved our nurse. She was excellent and we appreciate her very much. I'm also thankful for the social worker, the nurses who were on call, and the chaplain. Thank you!

My husband's nurse was wonderful. He treated my husband with respect and care which turned into friendship and love. He is the best!

The nurse was fantastic. Thank you so much for the kindness and love you showed my mom in our time of need. Also, the triage nurses were amazing. Thank you for being there in the high stress moments.

Center for Hospice Care took very excellent care of my dad. I would not have made it without the whole hospice team. Everyone was caring, understanding, helpful, and not judgmental.

The social worker was very helpful. This is the third time I've used Center for Hospice Care for loved ones. Very good care all three times.

Camp Evergreen

By Kristiana Donahue

The bus ride to Camp Evergreen is often quiet. With half-awake children and teenagers and some nervous campers, the trip can be rather long and unnerving, mixed with just a bit of anticipation. And then the magic happens. Jamie Jacobs, Camp Evergreen's Director, uses the word "magic" to explain what happens at camp. Those who have participated and volunteered have seen that magic unfold over just a few well-designed hours. During that time kids become aware that they aren't as isolated in their grief as they once thought. Conversations lead to connections and bonding, leaving many with relationships that they can cherish.

Since 1994, Camp Evergreen has welcomed 1,152 campers, which includes 1,123 youth and 29 parents/adults. This year's day camp was on June 4, 2022, and started Camp Evergreen's 29th season. Campers, staff, and volunteers congregated at Camp Mack in Milford, IN. Campers arrived around 9am and spent an entire day weaving camp activities, such as swimming, archery, and boating, with grief work. Fifteen campers were split up into three small groups. Jamie said that the youth emotionally opened up quickly and developed bonds. They even created team names for themselves.



Jamie has been Camp Director for 2 years and has been involved for 10 years. "I enjoy watching the relationships develop from start to finish," she shared. With campers from many different backgrounds and



loss experiences, it's amazing that they often find areas of commonality and build their relationships on these. Campers were able to make memory lanterns to take home, encouraging remembrance of their loved ones. During the tree ceremony, an evergreen tree is planted, and campers, staff and volunteers place a written wish or intention on the tree while the name of their loved one is read. The evergreen symbolizes the cycle of life. As the evergreen needles die and fall off the tree, they collect on the ground and then nourish the tree as it continues to grow. This is such a beautiful reflection of how the lives of our loved ones continue to impact and nourish our lives even after they have died.

It's evident by the end of camp that many connections have been made. Fifteen campers have seen such value in the "magic" that they have returned to volunteer once they became adults. Probably most telling is the return bus ride. Jamie recalled that her favorite memories of camp include such a change in atmosphere in the ride back home. "The kids bonded," she shared. "And instead of a quiet bus ride, they sang songs all the way home." That's the "magic" of camp. That's the "magic" of connecting with our fellow humans.

**Our Family Workshop for youth ages 6-12 along with a parent/guardian will be held on Saturday, September 24, 2022 at the Mishawaka office. For those interested in attending this, please reach out to Jamie Jacobs, Camp Evergreen Director at evergreen@cfhcare.org or 574-255-1064 ext. 8119.*

Endowing the Future of Bereavement Care

The creation of an endowment – a perpetual fund, or funds, that will guarantee annual income to maintain existing programs and allow for the creation of new ones – marks a departure for Center for Hospice Care (CHC) and Hospice Foundation (HF), which have historically relied upon annual fundraising efforts and third-party reimbursements to offset operating costs. Given that many of our long-standing community programs are offered to the public at no charge, they would all benefit greatly from endowment support.

CHC's Life Transition Center and its signature programs, After Images art counseling and Camp Evergreen are two such programs with established endowments to assure that they will continue to help us care for our community in perpetuity. In 2021, our bereavement department served 2,921 clients, 38% of whom were from the community with no prior experience with CHC. That 38% represents the highest number of bereaved community members CHC has ever served. Because of this, and the fact that all bereavement services are offered free of charge, the need to endow these services has become even more important.

The Life Transition Center offers a variety of services to benefit adults, children, teens and their families. Its goal is to educate, support and promote communication about grief so healing can take place. The professional grief counselors at CHC specialize in helping people cope with the profound emotions and reactions associated with the death of someone significant in their life.

For some people, expressing their grief through art provides a path to healing. The After Images art counseling program offers participants a unique way to grieve the loss of a loved one. Those who take part in the program create their artwork in the program's studio space on CHC's Mishawaka Campus with program leader Dave Labrum's support and guidance. Dave uses the knowledge gained through his master's degrees in both fine arts and counseling, combined with decades of experience with bereaved clients to



The After Images art counseling studio offers clients an opportunity to express their grief through art in a variety of mediums.

create an environment where participants feel safe and can express their grief openly and honestly.

Camp Evergreen is the only program of its kind in northern Indiana. Here, grieving children and teens find a community among their similarly struggling peers – helping them to “feel less alone,” as one young camper put it – while also regaining a measure of the carefree, fun-loving spirit they may have lost during so much sadness. Started in 1993 as the brainchild of Leadership South Bend/Mishawaka's Class 20, Camp Evergreen serves children each summer, entirely free of charge. Thanks to the generous support of the Linda B. Lloyd Mission Endowment for Camp Evergreen and many other donors, Camp Evergreen is close to being endowed for perpetuity.

While endowments for each of these programs began during our recent comprehensive fundraising effort, Cornerstones for Living: The Crossroads Campaign, more funding is still needed to completely endow them. To learn more about these programs or how you can support them visit FoundationForHospice.org/foh22.

Recapping 2021 (cont.)



Volunteer Kathleen Hojnacki (center, surrounded by family) was named the 2022 John E. Krueger, MD Hospice Caring Award winner. The award recognizes an exemplary volunteer for their contributions to Center for Hospice Care and its affiliates.

At CHC, we are joined in our work by a team of dedicated hospice volunteers. During 2020 and 2021, Medicare suspended the hospice volunteer component requirement due to the pandemic. However, CHC hospice program volunteer hours began to recover in 2021 from the prior year. Last year, CHC volunteers worked 8,522 hours, compared to 6,091 in 2020. These volunteers drove 16,408 miles in 2021, compared to 14,281 in 2020. Volunteers in this capacity provided dollar savings to CHC during 2021 totaling \$250,440, compared to \$171,521 in 2020. Medicare is expected to continue to require our volunteers' efforts in patient care to be calculated and reported annually. We sincerely appreciate our hospice volunteers!



Nkhoma Hospital in Malawi along with their US partner Hospice of the North Coast in California were awarded the 2021 Global Partnership Award.

On the international front, by the end of 2021, GPIC had 38 partnerships that are actively working together to enhance palliative care in 10 countries. Through GPIC, U.S. hospice and palliative care programs are partnered with similar programs in developing countries. GPIC's mission statement is to support compassionate care where the need is great, and resources are few by enhancing access to hospice and palliative care worldwide. During 2021, GPIC sent \$514,084 of support to our partners overseas. GPIC has been a proud affiliate of HF since 2017. Since that time, GPIC has sent \$2,081,404 for disaster relief, education, scholarships, and other forms of support. Such funds go a very long way in underdeveloped nations and have an enormous impact on the well-being of the populations. Please know that no donations to CHC or HF are ever sent overseas unless those donations are specifically designated to be used by GPIC for that purpose.



Since 2008, Center for Hospice Care and Hospice Foundation have been partnered with the Palliative Care Association of Uganda through Global Partners in Care.

We offer our thanks to you for whatever role you played in making 2021 a success. We sincerely appreciate your ongoing interest and support!

Mark M Murray
President / CEO

2 Organizations

1 Mission

Improving the Quality of Living

Through its support of Center for Hospice Care, Hospice Foundation helps patients and their loved ones experience the best possible quality of living regardless of healthcare insurance or an ability to pay.

- Hospice
- Palliative Care
- Grief Counseling
- Community Education

Caring for patients in Elkhart, Fulton, Kosciusko, LaGrange, LaPorte, Marshall, Porter, St. Joseph and Starke Counties in northern Indiana.



Center for
Hospice Care

choices to make the most of life™



Hospice
Foundation



To learn more or self-refer, call anytime. 1-800-HOSPICE (467.7423) or CFHCare.org

Please call for dates, times and locations. Services are free but registration is required. Call 574-255-1064 for more information if interested in any of the following groups.

Children's and Teen's Services

Children's Grief Support Group: A once per week *time-limited* group providing education and emotional support to children, ages 6-12, dealing with the death of a loved one.

Teen's Grief Support Group: This is an ongoing group for teens, ages 13-17 (18 if still in high school), who have experienced the death of someone significant in their lives. The group provides grief education and the opportunity for grieving teens to share with and be supported by their peers.

School Groups: *Time-limited* grief support groups are offered at area schools. Please call for locations.

Camp Evergreen:

- A weekend grief camp in early summer for youth and teens ages 10-17 (18 if still in high school) who have experienced the death of a significant person in their lives.
- A Saturday workshop in the fall for parents/guardians and their children, ages 6-12, who have experienced the death of a significant person in their lives.

Grief Support for Adults

Living With Loss: A once per week, *time-limited* group providing education and support for individuals who have experienced the death of a significant person in their life. Offered periodically at each office location.

Finding Resilience Group: An *ongoing* support group for individuals who have completed a "Living with Loss" group and are early in their grief journey.

Rebuilding Our Lives: An *ongoing* support group for those who are further along in their grief journey and are focused on building a new life.

Yoga Grief Support Group: An *ongoing* grief group using gentle mat yoga to help you focus on and cope with your physical and emotional grief. Facilitated by bereavement counselor Annette Deguch RYT500 (registered yoga teacher) and offered at our Mishawaka office. Open to current clients of the Bereavement Department.

Forget Me Not: An *ongoing* support group for parents who have experienced the death of a baby during pregnancy, childbirth or infancy. Offered at our Mishawaka office.

Young Widows and Widowers Support Group:

An educational and *ongoing* support group for widows/widowers age 55 and under who have recently experienced the death of their partner or spouse. Offered at our Mishawaka office.

Good Grief Gals Tea: An *ongoing* support group for women whose partner/spouse has died.

Good Grief Guys: A *monthly* breakfast for men dealing with the death of a partner/spouse.

The Hero Within: An *ongoing* experiential grief group that explores how the human spirit is not defeated by suffering and even in the face of death can grow stronger with honesty, courage and love. Offered at our Plymouth office.

Loss After Addiction Group: An *ongoing* educational and grief support group for people who have experienced the death of a loved one due to overdose and/or abuse of alcohol/drugs. Offered at our Mishawaka office.

Suicide Survivors' Support Group: An *ongoing* support group for anyone who has experienced the death of a significant person from suicide. Offered at our Plymouth office.

Crafting Memories: A group that supports healthy memory work through crafts. Completion of a "Living with Loss" group is required.

Additional Grief Services

Please call for more information.

Memorial Service: A service of remembrance is offered once a year.

"After Images" Art Counseling Program: Provides an opportunity for Individuals to explore grief through the use of art, painting and drawing in an expressive counseling program. No art experience is needed. Offered at our Mishawaka office.

Daughters Remembering Retreat: A retreat for women who are at least six months since the death of their mother. It provides a supportive grief experience with facilitated group sharing and time for individual reflection.

Grief Forum: A series of educationally focused sessions offered in the summer.

Handling the Holidays: Educational and supportive sessions focused on ways to cope with the holidays.

Movie & Chat Events: Join other bereaved in viewing a movie with grief themes and then participate in an optional roundtable discussion. Offered regularly throughout the year.

Presentations: Bereavement counselors are available to do presentations on issues related to grief and loss and death and dying.

Dreams and After Death Experiences: A *time-limited* group designed to explore and share encounters with loved ones in dreams and events post death. Offered periodically in Mishawaka.

Pen & Paper Group: A *time-limited* writing group that provides opportunities for the expression of thoughts and feelings through guided writings and group support. No writing experience needed. Offered periodically in Mishawaka.

Individual and family counseling for all ages is also available.

For more information:

Mishawaka: 574-255-1064 Elkhart: 574-264-3321 Plymouth: 574-935-4511 La Porte: 219-575-7930
CFHCare.org

Volunteer Application

All Information is Confidential

Mail to: 501 Comfort Place, Mishawaka, IN 46545
Attention: Kristiana Donahue or fax to: 574.822.4876

Name: _____ Date: _____

Street Address: _____

City/State/Zip: _____

Home Phone: _____ Cell Phone: _____

Email: _____

Did you serve in the military? Yes or No If yes, which branch: _____

Emergency Contact Person: _____ Phone # _____

Do you have a valid driver's license/current auto insurance and a car for use as a volunteer? _____

Volunteer Position Desired: Patient Care _____ Bereavement Phone Caller _____ Office _____ Fund Raiser _____
 Community Relations _____ Complementary Techniques: _____ Vet to Vet _____ Pet Peace of Mind® _____
 List Specialty (such as interpreter, licensed hair dresser, massage, pet therapy ,etc.) _____

 Intern: (indicate field desired): _____

Days and Hours You Are Available: _____

Volunteer & Work History: (List most recent) _____

Do you have any physical conditions, health problems, or allergies which we should consider before placing you as a volunteer?

References: Please list two persons other than family members who have known you for at least one year:

Name	E-Mail Address	Association	Yrs Acquainted

Authorization:

I certify that the facts contained in this application are true and complete to the best of my knowledge. I understand that any false statement, omission or misrepresentation on this application is sufficient cause for refusal to be considered for volunteer placement. I authorize Center for Hospice Care to contact the above references.

Signature Date



Center for
Hospice Care

choices to make the most of life™

501 Comfort Place
Mishawaka, IN 46545

cfhcare.org

It's **QUALITY**
not **QUANTITY**

Just a few hours
can make all the
DIFFERENCE!



**BE A PART OF
SOMETHING AMAZING**

**Be A Hospice
Volunteer**



Center for
Hospice Care

choices to make the most of life™

- Companionship
- Inpatient Facility
- Respite
- Pet Visitation
- And More!