

# **Bereavement Services 2020**

Please call to register.

### Living with Loss Group:

- o La Porte: Please call for dates and times
- Plymouth: Please call for dates and times
- Mishawaka: Mishawaka: Wednesdays 1/8 2/26 from 1:30 3:00pm
- Mishawaka: Wednesdays 2/26-4/1 from 5:30 7:00pm
- Elkhart: Wednesdays 1/15 2/19 from 2:00-3:30pm

# Teen Grief Support Group: ages 13 to 18 (18 if still in high school)

 Mishawaka: Thursdays 1/9, 1/23, 2/13, 2/27, 3/12, 3/26 from 6:00 to 7:30pm

# Children's Grief Support Group: ages 6 to 12

o Mishawaka: Please call for dates and times

### Young Widow and Widowers Group

• Mishawaka: 1/9, 1/23, 2/13, 2/27, 3/12, 3/26 5:30 to 7:00pm

# Movie & a Chat

- Elkhart: Tuesday 2/18/20, 1:30pm *Movie TBD*
- Mishawaka: Thursday 2/27/20, 5:30pm PS I Love You
- Elkhart: Tuesday 4/21/20, 1:30pm *Movie TBD*
- Mishawaka: Thursday 4/23/20, 1pm Our Souls at Night

# Yoga Grief Support Group

o Mishawaka: available to current bereavement clients

### **Camp Evergreen:**

- Weekend Camp for 10-18 year olds (18 if still in high school) June 5-June 7, 2020
- Family Workshop for 6-12 year olds and an adult: September 26, 2020

# **Good Grief Gals Tea**

- o Mishawaka: First & Third Wednesdays, 1:30 to 3:00pm
- Elkhart: Second & Fourth Tuesdays, 1:30 to 3:00pm
- Plymouth: Fourth Tuesday, 1:30 to 3:00pm

# Good Grief Guys (please call for location)

- o Mishawaka: First Friday, 8:30 to 10:00am
- o Elkhart: Second Tuesday, 8:30 to 10:00am
- o Plymouth: Second Thursday, 8:30 to 10:00am

### **Loss After Addiction**

• Mishawaka: Second & Fourth Tuesdays, 4:30 to 6:00pm

### Forget Me Not

• Mishawaka: First Monday 1/6, 2/3, 3/2, 4/6, 5/4, 6/1 5:30 – 7:00pm

### **The Hero Within**

o Plymouth: Please call for dates and times

# Crafting Group (Limited Seating)

o Mishawaka: Please call for dates and times

# Suicide Survivor's Support Group

o Plymouth: Please call for dates and times

Finding Resilience: available to current bereavement clients

Rebuilding Our Lives: available to current bereavement clients

Annual Memorial Service: Sunday November 22, 2020