



CROSSROADS

FOR FRIENDS OF CENTER FOR HOSPICE CARE

ISSUE 19



TEN YEARS OF IMPACT



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A NOTE FROM WITHIN

A FOUNDATION IS ONLY THE BEGINNING

For the past 10 years, the Hospice Foundation has strived to support Center for Hospice Care and its mission in many ways. Though there have been many accomplishments during this time, none of them would have happened without the remarkable support of this community. In this issue of Crossroads, we highlight a few of those accomplishments. The cover story – told mainly with photographs – shows what is possible when members of our community come together to support the needs of others. We hope you enjoy the retrospective.

Since our last issue of *Crossroads*, the Hospice Foundation has held several special events to raise awareness, funds and interest in the important work of Center for Hospice Care. On August 16, we celebrated 10 years of our Elkhart Inpatient Care Facility, which was made possible by the incredible generosity of Dick and Rita Streffling and the Streffling Foundation. We were thrilled to be able to rename and rededicate the Elkhart inpatient facility as “Esther’s House” in honor of Dick’s mother, who was one of our patients.

On September 23, we hosted our 10th Annual Bike Michiana for Hospice and 33rd Walk for Hospice. This marked the first time both of these signature events took place together on our Mishawaka Campus. The weather was flawless, and the event provided a great opportunity to connect more people to the work we do and the cause for which they were riding and walking – more so than ever before.

Thanks to the generosity of the Robert J. Hiler Family Foundation and John and Catherine Hiler, we were able to rename the Veterans Memorial on our Mishawaka Campus as the “Captain Robert J. Hiler Jr. Veterans Memorial,” after John’s late-brother Bob who served heroically in Vietnam before returning to work and live in La Porte for the remainder of his life. The Veterans Tribute Ceremony on October 16 was the perfect opportunity to announce the memorial’s new name. Recaps of these events and much more are covered in this issue of *Crossroads*.

Finally, we are excited to announce the recipient of our 35th Helping Hands Award, who will be honored on May 1, 2019 at our annual award dinner. Catherine Hiler has been a loyal and steadfast supporter of Center for Hospice Care for many years and served as board chair for both Center for Hospice Care and the Hospice Foundation. Since July 1, 2014 she has chaired our *Cornerstones for Living: The Crossroads Campaign*. Now in the home stretch of this comprehensive five-year campaign, Catherine has demonstrated an outstanding commitment to this organization and our community. She’s the perfect honoree for 2019.

Thanks to you – our donors and supporters – the Hospice Foundation has the privilege to support an organization committed to improving the quality of living of those in our community and to providing our compassionate services to everyone eligible for hospice care, regardless of their ability to pay. By working together, you have helped us build a strong Foundation – one that will continue to support the community well into the future.

Michael J. Wargo
Chief Operating Officer



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A K BACK

STORIES AND ACTIVITIES SINCE OUR LAST ISSUE

Picture-Perfect Weather for Bike Michiana/ Walk for Hospice

September 23 turned out to be one terrific day. It started with a cool morning and continued into a bright, sunny day with a light breeze and 72 degrees. Not a bad start for the 10th Annual Bike Michiana for Hospice (BMFH) and the 33rd Annual Walk for Hospice (WFH). There were two exciting changes to these signature fundraisers: it was the first time the events were held on the same day, and it was the first time the bike event started and ended at CHC's Mishawaka Campus, adjacent to Central Park.

"We felt it was important to bring people together on our beautiful campus in Mishawaka and let them see all that is happening here," said Mike Wargo, chief operating officer for the Hospice Foundation. "By hosting BMFH on our own campus, along with Walk, we gave people the opportunity to connect more closely with the cause for which they are riding or walking."

The joint event saw many other exciting changes. BMFH was revamped to include

three new routes, new restaurant partners, and an easier check-in process. This was also the first year that registration in advance of both these events was required – a practice which helped control costs and streamline the process.

"With any fundraiser, it's important to balance costs with revenue," said Peter Ashley, director of communications and annual giving for the Hospice Foundation. "By requiring advance registration, we were able to better plan for food and other elements of the event that ultimately made it a more effective fundraiser, while improving the day-of experience for registered participants."

A post-event survey revealed that more than 94% of participants plan on returning for the 2019 event, which will take place on Sunday, September 8. Look for more details and registration information soon.



A LOOK BACK

Center for Hospice Care's Veterans Memorial Rededicated as the *Captain Robert J. Hiler Jr. Veterans Memorial*

In 2016, Center for Hospice Care (CHC) dedicated a beautiful Veterans Memorial on the grounds of our Mishawaka Campus. As a "We Honor Veterans" Level 4 Partner, CHC takes great pride in meeting the unique needs of veterans facing life-limiting illnesses. As CHC President/CEO Mark Murray notes, "Today, one out of every four Americans dying is a veteran. Our goal is to address their end-of-life needs, to serve them as they have served us."

Due to an incredible gift from the Robert J. Hiler Family Foundation, and John and Catherine Hiler, CHC was able to rededicate the memorial as the *Captain Robert J. Hiler Jr. Veterans Memorial*. "The ceaseless generosity of the Hiler family has made a huge difference in our community," said Murray. "Their support of our work and of veterans specifically means that we will be able to continue our veterans programs into the future."

The renaming of the memorial took place on October 16, 2018 during our annual Veterans Tribute Ceremony. The event, which was attended by more than 150 people, was a wonderful opportunity to remember and honor loved ones who have served this country.

"Although it was only the second year we have held the veterans tribute ceremony, it is becoming one of my favorite events," said Mike Wargo, chief operating officer of the Hospice Foundation. "As a veteran, seeing so many people in our community come together to honor other veterans is very meaningful. The rededication and renaming of the memorial after Robert J. Hiler, Jr. made the 2018 event even more special."

The *Captain Robert J. Hiler Jr. Veterans Memorial* will continue to offer opportunities for people to honor and remember their loved ones, including memorial bricks and wall plaques available for placement. There are additional naming opportunities available for other elements of the memorial, including limestone benches, flagpoles, trees, entry arbors and "Poppies," the centerpiece statue.

To learn more about our Veterans programs or to purchase an item for placement at the 2019 event, go to foundationforhospice.org/veterans or contact Heidi Payton at PaytonH@foundationforhospice.org.



A LOOK BACK

A Celebration 25 Years in the Making

Most kids don't go to camp to talk about grief, but at Camp Evergreen, that's the whole point. It may sound strange to some, but this camp focuses on helping children cope with the loss of a loved one and to feel less lonely during the process. It's common for kids to feel isolated and alone when a loved one dies, not always having the vocabulary or emotional maturity to talk about their feelings. This year, the camp celebrated its 25th anniversary of supporting grieving children across Center for Hospice Care's nine-county service area.

To celebrate this special anniversary, more than 125 people gathered in the Pepsi Stadium Club at Four Winds Field on August 9 for a reunion. They shared laughs and memories while cheering for the South Bend Cubs. A total of 60 campers and their family members as well as 37 volunteers

were in attendance. As special guests, five members of the Lloyd family joined the celebration to represent the Linda Lloyd Mission Endowment for Camp Evergreen, which provided the funding to enable this camp to thrive for years to come. Guests reminisced about their time at camp over hotdogs and hamburgers and shared stories of the loved ones they continue to hold dear in their hearts. They were able to peruse photo albums and view a video that brought back fond memories.

Thanks to the Linda Lloyd Mission Endowment, Camp Evergreen continues to give kids a safe place to talk about their experiences and to learn coping mechanisms from trained adult volunteers as well as other campers. And after 25 years, the camp has helped 1,006 kids and engaged 589 staff and volunteers.

To see what's in store for next year, please email Evergreen@CFHCare.org, or to make a donation to Camp Evergreen, please visit foundationforhospice.org/campevergreen.



Elkhart Inpatient Care Facility Rededicated as "Esther's House"

August 16, 2018 was a muggy evening – but it was hard to tell if the warmth felt by the guests came from the lingering sun, or the wonderful spirit of the event. Celebrating 10 years of serving patients at the Elkhart Campus was a significant milestone worthy of commemoration. What made this event particularly special was it served as the perfect time to rededicate the Elkhart inpatient care facility in honor of a special woman who raised very generous children.

Esther Strefling was born January 5, 1915 in New Sarepta, Alberta, Canada as Esther S. Ertman. She married Edward M. Strefling in 1937 and they moved to the Elkhart area. She had a long and fruitful life – serving her community, raising a family and running a business. Esther died on July 21, 2004 as she received care from Center for Hospice Care (CHC). Her son, Richard W.

“Dick” Strefling, and her daughter-in-law, Rita Strefling, made a generous gift through the Strefling Foundation in appreciation of the compassionate care Esther received, and to help ensure others in Elkhart could receive quality care in a home-like setting. The rededication took place under a white tent and a blue sky. The rain that passed through earlier in the day served as a gentle reminder that we are not in control of everything. But what CHC reminds everyone is that you can have more control over your end-of-life care, as Esther and her family chose to do.

More than 75 guests enjoyed a cocktail reception, hors d'oeuvres, and the soothing sounds of the Knapp, Probst & Wolfe jazz trio. A brief program included remarks from CHC President/CEO Mark Murray

and Dick Strefling, who thanked CHC for providing such a vital service to the community. With many Strefling family members in attendance, the event served as an impromptu family reunion as well.

A beautiful photo of Esther now hangs in the patient wing of the facility, and a new bronze plaque was installed that directs patients and families to Esther's House.



ON THE HORIZON

FUTURE EVENTS AND HOSPICE HAPPENINGS

35th Helping Hands Award to Honor Catherine Hiler

For 35 years, Center for Hospice Care (CHC) has been honoring deserving recipients with our Helping Hands Award. We are excited that the 2019 Helping Hands Award recipient is Catherine Hiler – a true community servant and long-time supporter of CHC and the Hospice Foundation.

The award will be presented during our annual Helping Hands Award Dinner, which will be held at the Hilton Garden Inn on Wednesday, May 1. This year's event is being co-chaired by Kurt Janowsky and Stephanie and Todd Schurz.

Catherine was born in Belfast, Ireland and emigrated to the U.S. with her parents and two brothers. After spending several years in San Francisco working at First Interstate Bank of California, Catherine moved to Washington, D.C., where she served as an advisor to the Committee on Government Relations for the House of Representatives. She also served as Executive Director for both the Federal Mine Safety and Health Review Commission and the White House Conference on Small Business. It was in Washington, D.C. where she met her future husband Congressman John P. Hiler of Indiana.

Since living in South Bend, Catherine and John have raised three wonderful daughters – Alison, Caitlin and Morgan, and have served the community in many capacities. Catherine served on The Stanley Clark School Board and was a parent representative on the John Adams High School Committee that established the International Baccalaureate magnet program.

We like to believe that Catherine found her true passion when she began her involvement with CHC and ultimately, the Hospice Foundation. Catherine has been involved with our organization for more than 16 years. She started as a volunteer and served on the boards of CHC and the Hospice Foundation, including five years as board chair. If that were not enough, in 2014 Catherine graciously agreed to chair our five-year comprehensive fundraising campaign “Cornerstones for Living: The Crossroads Campaign.” This campaign, now in its final months, is focused on raising money to build a new 12-bed inpatient care facility (now called the Ernestine M. Raclin House), and to endow many of our signature programs.

“I can think of absolutely no one more deserving of our 35th Helping Hands Award,” said Mark Murray, President/CEO of CHC and the Hospice Foundation. “Catherine has been a tremendous asset to not only this organization, but also to the entire community. Her desire to give back has left an indelible mark.”

For more information about attending or sponsoring the 2019 Helping Hands Award Dinner, please visit foundationforhospice.org/helpinghands2019.



Gardens of Remembrance and Renewal Memorial Dedication

The Gardens of Remembrance and Renewal are situated on the 11-acre property of Center for Hospice Care's Elkhart Campus adjacent to the newly renamed Esther's House. The gardens are a place where patients and families can connect with loved ones or simply enjoy nature in a peaceful setting next to the babbling brook. The gardens also offer opportunities for families to honor their loved ones through memorial bricks and benches, as well as flowering and evergreen trees. The purchase of memorial items also helps ensure that everyone who may be eligible for hospice care in the future

will receive the compassionate care they need, regardless of their ability to pay. On Tuesday, June 4, 2019, the annual “Gardens of Remembrance and Renewal” ceremony will be held to dedicate the memorial items donated during the past year. The ceremony is a chance for donors and family members to gather and reflect on the lives and memories of those who are being remembered and to see where the items are placed among the gardens. The ceremony will begin at 5:30 p.m. and include brief remarks, as well as

the dedication of memorial items. Light refreshments will be served following the ceremony. Invitations will be sent in May to those who have donated memorial items both this year and in the past. The event is also open to the public. If you are interested in purchasing a memorial item for placement in 2020, you can do so online at foundationforhospice.org/Elkhart-Campus or by contacting Heidi Payton at 574.367.2446 or PaytonH@FoundationForHospice.org.



ON THE HORIZON

FUTURE EVENTS AND HOSPICE HAPPENINGS

Hospice Foundation Calendar of Events

We look forward to your participation in and support of these important events. Please visit FoundationForHospice.org, for more information and event dates throughout the year.



May 2019

- **May 1**
35th Annual
Helping Hands Award Dinner
- **May 26**
South Bend Sodbusters
Spring Mud Bog

May-June 2019

- **May 31 - June 2**
Camp Evergreen for Teens

June 2019

- **June 4**
Elkhart Gardens of
Remembrance and Renewal
Dedication Ceremony

July 2019

- **July 24**
Journeys in Healing Art Auction

September 2019

- **September 8**
Bike Michiana for Hospice
- **September 8**
Walk for Hospice
- **September 21**
Camp Evergreen for Youths

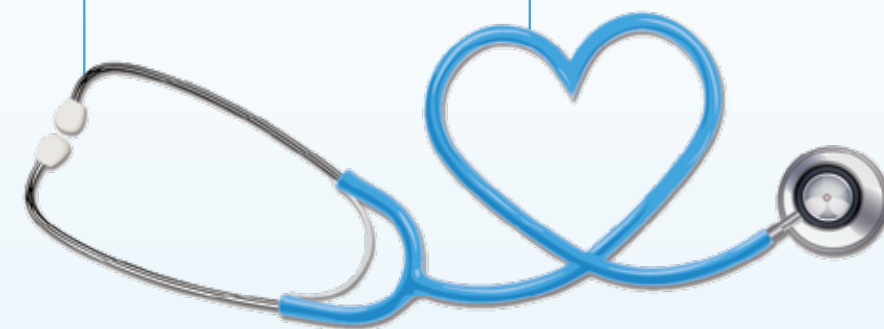
October 2019

- **October 15**
World Hospice Day
- **October 15**
Veterans Tribute Ceremony

November 2019

- **November**
National Hospice and Palliative
Care Month
- **November 24**
Time of Remembrance
Memorial Service

Find us on:



2 Organizations 1 Mission

Improving the Quality of Living

Through its support of Center for Hospice Care, the Hospice Foundation helps patients and their loved ones experience the best possible quality of living regardless of healthcare insurance or the ability to pay.

- Hospice
- Home Health
- Grief Counseling
- Community Education

Caring for patients in Elkhart, Fulton, Kosciusko, LaGrange, LaPorte, Marshall, Porter, St. Joseph and Starke Counties in northern Indiana.



To learn more or self-refer, call 1-800-HOSPICE (within our nine-county service area) anytime, or visit CFHCare.org

New Palliative Care Course for Ugandan Nurses

In Uganda, as in many low-resource settings, the demand for trained palliative care providers is greater than the supply. There are currently fewer than 200 qualified palliative care practitioners providing care to an estimated 255,000 cancer and HIV/AIDS patients, as well as those suffering from other chronic diseases that cause severe pain.

Palliative care (PC) in Uganda, like hospice care in the US, offers a holistic approach to caring for patients and their families. One of the biggest differences between them is the availability of resources to offer that care. In the US, as in other high-resources settings, an interdisciplinary team made up of specially trained physicians, nurses, chaplains, social workers, home health aides and bereavement counselors is used. In Uganda, a nurse trained in palliative care typically provides all aspects of care.

Since 2013, completion of this specialized training program has been the only means through which nurses could be certified as prescribers. Developed by the Institute of Hospice and Palliative Care in Africa (IHPCA), and located in the Hospice Africa Uganda compound, this program provides specialized training for healthcare professionals who, upon graduation, deliver care much like that provided by nurse practitioners in the US.

Due to funding limitations, the program only produced a handful of graduates each year. Most of them were from more highly populated

areas of the country. To answer the need for care in other areas of the country, the Palliative Care Association of Uganda (PCAU) and Center for Hospice Care (CHC) worked together to establish a scholarship program to train healthcare professionals from rural areas. Since establishing the program in 2010, 62 nurses and clinical officers receiving PCAU/CHC scholarship funding have graduated from this year-long program. As a result, the availability of palliative care services has expanded from 34 to 94 of Uganda's 127 districts.

The unfortunate reality though is that PC is still accessible by just 10% of the population in need. Over the past three years, PCAU and CHC representatives have been working with the Mulago School of Nursing and Midwifery (MSNM) to develop a similar diploma program that can be delivered to more students at a lower cost without sacrificing the quality of instruction.

Mulago is the oldest public nursing and midwifery training institution in Uganda. It was founded by the British Colonial Government in 1955 to address and promote preventive, rehabilitative as well as curative care in Ugandan communities. The school has evolved to offer more specialized courses in order to address the growing need for specialized nurses to support specialized care offered by Mulago National Referral and Teaching Hospital.

In addition to working with MSNM to develop a program, PCAU and CHC simultaneously

advocated with the Uganda Ministry of Health (MOH) to increase their understanding of the burgeoning need for PC services. With this heightened awareness, the MOH established a strategic objective to increase PC services throughout the country. The MOH plan calls for an additional 700 practitioners to be trained to meet the gap for PC services in the country.

The addition of the Advanced Diploma in Palliative Care Nursing (ADPCN) at MSNM will help support the MOH mandate. The first cohort of 16 students entered the program in February. Another cohort will be enrolled in July.

The scholarship program developed by PCAU and CHC in 2010 will now be redirected to this new MSNM program and is expected to quadruple the number of graduates annually. In addition, PCAU will provide technical support for training tutors who will manage the course, mentor the tutors during the first year of the program and coordinate PC practicum sessions.



Mobile Technology Enhances Delivery of Palliative Care in Uganda

Palliative care is defined by the World Health Organization (WHO) as care at either the end of life or care after the diagnosis of a life-threatening disease that improves the quality of life for the patient and their caregivers by alleviating suffering. Worldwide, only 14% of those who need palliative care receive it. In fact, the need for palliative care is most concentrated in low- and middle-income countries, comprising 78% of the approximately 40 million people in need of palliative care on an annual basis.

In Uganda, only about 10% of those in need have access to palliative care services. Numerous diseases require palliative care and stakeholders in Uganda are working hard to meet the need, including the Palliative Care Association of Uganda (PCAU). Established in 1999, PCAU is the national association for palliative care in Uganda and registered as a non-governmental organization (NGO) in 2003. It is an umbrella organization with 20 organizational and 650 individual members.

Since 2008, Center for Hospice Care/Hospice Foundation (CHC/HF) and PCAU have worked together to support PCAU's mission "to promote and support affordable and culturally appropriate palliative care throughout Uganda." One of the biggest challenges is Uganda's lack of nationwide

data and information regarding palliative care services in the country. Until recently, the Ugandan Ministry of Health (MOH) and PCAU relied on outdated tracking mechanisms, such as books and paper forms, that created an incomplete picture of palliative care delivery.

To overcome this data and information gap, PCAU and CHC/HF established an mHealth (mobile health) surveillance system, now in its fourth year, that uses cellular technology to collect information regarding palliative care on a consistent basis. This system is providing basic data for monitoring and evaluating palliative care services as well as comprehensive tracking and reporting of morphine distribution and use. Ideally, this will lead to increased funding for palliative care in the healthcare system once it is fully implemented throughout the country.

Other partners in this collaboration include Uganda Martyrs University, the University of Notre Dame, the MOH and selected hospital management teams. The project began as a pilot program in 2015 and is currently scaling up to a total of 20 facilities throughout the country. The mHealth program is but one example of the innovative initiatives the CHC/HF/PCAU partnership has developed to increase access to palliative care in Uganda.



Workshop Focuses on Communication Skills During Serious Illness

In September 2018, the Center for Education & Advance Care Planning brought Dr. Lyle Fettig and Dr. Erin Newton of the Indiana University (IU) School of Medicine to CHC’s Mishawaka campus for our first “IU Talk.” The goal of this one-day workshop was to empower physicians and nurses with the communication skills needed to discuss serious illness with their patients and families.

The workshop featured role-playing activities to practice their skills in having these difficult discussions. Fettig and Newton led the group in discussion-based interactions. IU Talk is designed to provide a collaborative atmosphere in which they could practice these discussions.

Another key component of the workshop is using actors who respond to simulated situations as the clinicians navigate new ways to begin discussions about serious illness or end-of-life issues with their “patients.” This interactive approach allowed participants to understand what they were doing well, and learn new ways to address difficult situations.

IU Talk is supported by VitalTalk, a national model which grew out of research into the learnability of effective, empathetic, honest clinician communication skills. Both Fettig, who directs the IU School of Medicine

Hospice and Palliative Medicine Fellowship; and Newton, an Assistant Professor of Clinical Medicine at the IU School of Medicine and a member of the IU Health Palliative Care team, see the program as a much-needed tool for end-of-life communications training.

During the workshop many of the participants noted that while they used some steps in the end-of-life discussion models, this was the

first time they had seen a guide or process to address the issues they may face with a patient. As the result of a generous multi-year gift from the Vera Z. Dwyer Charitable Trust, the Center for Education & Advance Care Planning will continue to offer this program to area clinicians to empower them with effective communication skills in discussing serious illness and end-of-life issues.

IU Talk participants (left to right): Teri Dobrzykowski, RN, PhD, AGNP-BC, AACN LANP Fellow, Dwyer College of Health Sciences Indiana University South Bend; Erin Newton, MD, Assistant Professor of Clinical Medicine, Indiana University School of Medicine; Abigail Battjes, DO, River Park Family Medicine; Charles Higgs-Colthard, MD, University Park Family Medicine; James Wheeler, MD, Goshen Health System; Leslie Peters, RN, MSN, NP-C, Radiology Inc.; Geoffrey Rogers, MD, Elkhart Clinic; Lyle Fettig, MD, Assistant Professor of Clinical Medicine and Program Director of the Hospice and Palliative Medicine Fellowship, Indiana University School of Medicine, team physician at Eskenazi Health Palliative Care Team.



Compassionate End-of-life care Introduced Early at the University of Notre Dame

Center for Hospice Care (CHC) and the University of Notre Dame’s Ruth M. Hillebrand Center for Compassionate Care in Medicine once again joined forces in September to offer a unique one credit-hour course – “Introduction to Hospice and Palliative Care” – to more than 80 University of Notre Dame students. This immersive experience in the provision of end-of-life care covered a number of complex, critical topics.

“One of the core missions of CHC and the Hospice Foundation is educating future healthcare providers about the concept of hospice and introducing them to the benefits

that hospice and palliative care provides to those facing serious, life-limiting illnesses,” said Mike Wargo, chief operating officer of the Hospice Foundation. “In addition, the seven-year collaboration we’ve had with the University of Notre Dame to offer this course mirrors the integrated approach to care that’s the hallmark of hospice and palliative medicine.”

Designed by Wargo and Dominic Vachon, Director of the Ruth M. Hillebrand Center for Compassionate Care in Medicine, the course included films, panel discussions, lectures and a mock interdisciplinary team meeting. The class was taught by an

interdisciplinary team comprising physicians, nurses, social workers and bereavement counselors as well as other hospice and palliative care staff. The course covered a variety of topics focused on how hospice and palliative care is delivered within the current healthcare system. Students were also given an introduction to the compassionate interpersonal communication skills required to care for those in need of palliative care or who are dying. Students met on one weekday evening for three hours in addition to spending an entire Saturday in the classroom.

an update from
**Center for
 Hospice Care**

Center for Hospice Care Becomes Commemorative Partner

Center for Hospice Care (CHC) has recently become a Commemorative Partner with The United States of America Vietnam War Commemoration whose purpose is to assist a grateful nation in thanking and honoring our Vietnam veterans and their families.

The five national objectives of the Commemoration are:

1. To thank and honor veterans of the Vietnam War, including personnel who were held as prisoners of war or listed as missing in action, for their service and sacrifice on behalf of the United States and to thank and honor the families of these veterans.
2. To highlight the service of the Armed Forces during the Vietnam War, and the contributions of Federal agencies and governmental and non-governmental organizations that served with, or in support of, the Armed Forces.
3. To pay tribute to the contributions made on the home front by the people of the United States during the Vietnam War.
4. To highlight the advances in technology, science and medicine related to military research conducted during the Vietnam War.
5. To recognize the contributions and sacrifices made by the allies of the United States during the Vietnam War.

The Commemoration created a Certificate of Honor Program to recognize four distinct subcategories of

Vietnam veterans and their families: (1) former, living American military POWs from the Vietnam War as listed by the Department of Defense; (2) immediate family members of American military personnel listed as missing and unaccounted for from the Vietnam War by the Department of Defense; (3) immediate family members of a veteran who is listed on the Vietnam Veterans Memorial in Washington, D.C.; and (4) surviving spouses (at the time of death) of veterans who served in the U.S. Armed Forces at any time during the period from November 1, 1955 to May 15, 1975, regardless of location.

A key component of the recognition is the Vietnam Veteran lapel pin. Any living United States veteran who served on active duty in the U.S. Armed Forces at any time during the period of November 1, 1955 to May 15, 1975, regardless of location, is eligible to receive a lapel pin. The lapel pin has an eagle surrounded by stars and stripes encircled by a laurel wreath with the words Vietnam War Veteran. On the back is the message "A Grateful Nation Thanks and Honors You."

CHC will be performing certificate presentation and pinning ceremonies to patients and families throughout the year as well as at special events honoring veterans. If you are or know someone who is a Vietnam-era veteran who should be recognized, please contact Julie Fairchild at fairchildj@cfhcare.org.



Lapel Pin Front



Lapel Pin Back



TEN YEARS OF IMPACT

For the past 10 years, the Hospice Foundation has supported Center for Hospice Care and its mission to provide hospice care to everyone eligible, regardless of their ability to pay. In fact, CHC's mission **to improve the quality of living** is, in reality, a promise. It's a promise to take care of patients and their families, a promise to be a resource for all end-of-life issues and it's a promise we've kept because of the incredible generosity of thousands of donors.

From caring for those at the end of life, to supporting grieving family members, to honoring veterans, to educating our community – Center for Hospice Care and Hospice Foundation have remained committed to this promise.

In essence, this issue of *Crossroads* is a celebration – not of Hospice Foundation – but of the lives of the people your donations have impacted. The difference your support makes to this community is as real as it is astounding.

We simply could not do what we do without you. In the pages ahead, we share a sample of the work that has been accomplished and the lives that have been touched during the past 10 years. Our hope is that reading these stories will make you proud of what you have helped us accomplish, but more importantly, will speak to you as a caring member of the community.

For an index of photographs in this story, please see the inside back cover.





An Amazing Place to Be

Cyril "Bud" Stone became a patient in April of 2010. He had been removed from a respirator and the family thought it would only be hours before he passed. That hadn't happened, and they were advised by the hospital that they would have to take him home or to our inpatient care facility. Karen Parsons, one of Bud's seven children, said their family just wanted her father to be able to die in peace.

"Home wasn't an option," she noted. Her father had endured years of pain due to back injuries and arthritis and, while everyone marveled at how tough he was, they also knew it was only a matter of time before he passed. They wanted to be able to share time with him as a family, in a quiet setting. "He received the very best of care in the short time he was at Hospice House," she added.

"I think the staff are God's angels on earth," Karen said.

Since the opening of our Elkhart Campus, more than 1,086 families have experienced the compassionate care Dick and Rita Stefling envisioned.



A Permanent Home in Elkhart County

One of the most significant accomplishments over the past 10 years was the opening of our seven-bed inpatient care facility in Elkhart. Tucked away just north of the US 20 bypass and CR 17, Center for Hospice Care's Elkhart Campus is a wonderful example of the warm home-like setting CHC inpatient units provide patients and their loved ones.

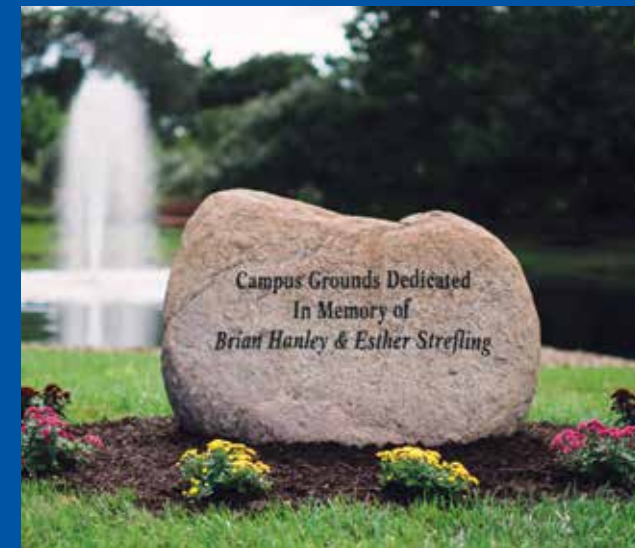
It was made possible through the generosity of numerous Elkhart donors, particularly Dick and Rita Stefling. After experiencing the compassionate care Dick's mother Esther received from CHC both in-home and in our inpatient care facility in Roseland, the Stefplings were committed to ensuring that families had access to the same level of care in Elkhart County. In 2007, the Stefplings, through the Stefpling Foundation, provided the lead gift to make that a reality.

In honor of their generous gift, and to celebrate the 10-year anniversary of the Elkhart Campus, the inpatient facility was renamed "Esther's House" and officially rededicated on August 16, 2018.

\$2,483,955 Raised



ESTHER'S HOUSE HAS SERVED 1,086 Elkhart County Patients since opening in 2008



Creating a Centralized Hospice Campus

On August 20, 2013, Center for Hospice Care (CHC) and the Hospice Foundation officially welcomed the public to its new Mishawaka Campus. During a news conference at the time, President/CEO Mark Murray noted, "This facility, this location and this remarkable pastoral setting is not only a testament to a tremendous collaboration between Mishawaka and Center for Hospice Care, but also a tangible example of the incredible growth experienced by the philosophy of hospice care."

**Ernestine M. Raclin House
made possible by gift of
\$1,000,000**
**Anonymous matching grant of
\$500,000**

Nestled between Central Park and Cedar Street and situated along the northern bank of the St. Joseph River, the Mishawaka Campus is home base for CHC's various administrative support functions as well the Life Transition Center and Hospice Foundation. In addition, the site includes a remodeled residential home, used primarily as a guest house for medical fellows rotating through CHC; the freestanding Center for Palliative Care; and our veterans memorial which was recently rededicated as the "Captain Robert J. Hiler Jr. Veterans Memorial" (see pages 6-7). Work is currently underway to construct a new clinical staff building and a new inpatient unit, which will be called the Ernestine M. Raclin House.

None of these accomplishments would have been possible without the generous support of our community and the collaborative nature of the City of Mishawaka. Donors have made gifts of all sizes to further our mission to improve the quality of living. Mishawaka leaders have helped us improve the quality of our community. By working together, CHC and the city have been working to transform our campus location into something in which we can all take pride. The riverfront along which our campus sits is now home to the recently renovated Central Park, miles of walking paths and other amenities.

To help ensure adequate funding for the consolidated campus, CHC and the Hospice Foundation launched "Cornerstones for Living: The Crossroads Campaign," our largest fundraising campaign in history, in July of 2014 (see page 44 for a campaign update).



Impact of a Consolidated Campus

**\$260,000
saved per year**

Given the growth over the years of CHC in terms of patients and staff, additional office space was required each year. To accommodate these needs, CHC was renting thousands of square feet of space in multiple locations around the city. It became clear that it no longer made sense to continue leasing more and more space. The time had come for CHC to own our facilities. The consolidation of space has many obvious benefits, not the least of which is a significant annual cost savings – savings that help our mission to serve all those eligible in our community – regardless of their ability to pay.

Consolidated Campus Efficiencies

The consolidated campus CHC is building has had and will continue to have a positive impact on our patients, families and community. Bereavement clients have been able to avail themselves of our services in a beautiful setting; CHC staff have benefitted from working more closely together; and soon, hospice patients will be able to experience the soothing sounds and views of the St. Joseph River. By working closely with the City of Mishawaka, CHC and the Hospice Foundation strive to be "good neighbors" and are committed to improving the quality of living for everyone with whom we come into contact.



An Enduring Commitment to Veterans

Center for Hospice Care (CHC) is proud to be a Level 4 “We Honor Veterans” partner. A collaborative effort between the Department of Veterans Affairs (VA) and the National Hospice and Palliative Care Organization, this program provides focused end-of-life care for those who served in the armed forces. As a Level 4 partner, CHC integrates veteran-specific content into its staff and volunteer orientation and education as well as offering veteran pinning ceremonies and assisting our patients’ participation in honor flights.

Thanks to generous donors, we were able to establish an enduring tribute to veterans. The Veterans Memorial, located on the Mishawaka Campus was dedicated in 2016. A “Veterans Tribute Ceremony” is held annually to dedicate donated bricks and plaques. The first such ceremony took place in 2017 and featured Medal of Honor Recipient Spc. 5 James McCloughan as our special guest.

Fundraising Activities

2016 Helping Hands Dinner

Honored Bob Beutter and Joe Kernan for their service to our country – in the armed forces and in government.

2016 Annual Appeal

Was focused on raising money for our veterans programs and the new memorial as well as raising awareness of the need for focused veteran end-of-life-care.

Hiler Family Gift

Thanks to the generosity of the Robert J. Hiler Jr. Family Foundation and John and Catherine Hiler, CHC rededicated the memorial as the “Captain Robert J. Hiler Jr. Veterans Memorial,” in memory of John’s brother.

Memorial Contributions

Families of veterans can purchase personalized bricks and plaques for placement on the veterans memorial – the funds raised help support our veterans programs.

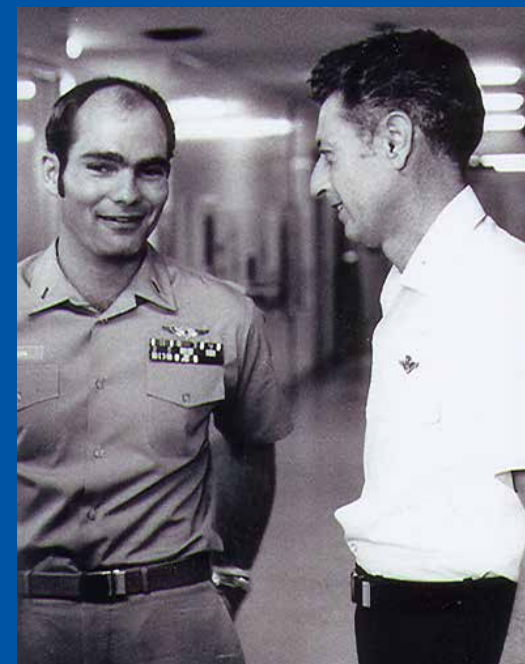
One Soldier’s Story

One particular story captured the hearts of our donors and supporters, and truly embodied the “We Honor Veterans” program. WWII veteran Wilbur Lewis entered our care in the spring of 2016. His family described him as a vibrant, “charismatic character” – a man who loved life. Making the decision to choose CHC enabled his daughter and son-in-law, Karen and Rich, to bring him into their home and helped ensure his final months of life were the highest quality they could be.

CHC was able to send one veteran on an honor flight to Washington, D.C. – to provide an opportunity to visit the memorials honoring their service and sacrifices. Wilbur was the right choice for the Honor Flight, which left in the early hours of the morning and returned late that same night. Little did he know that hundreds of supporters were awaiting him when the return flight landed. “We celebrated overseas when the war ended, but when we came home it was nothing like this – it would have been so nice to have received this kind of welcome when we came home.”



\$523,838 Raised



more than
1,750
VETERANS
SERVED
since 2012



Engaging Our Community to Support Charity Care

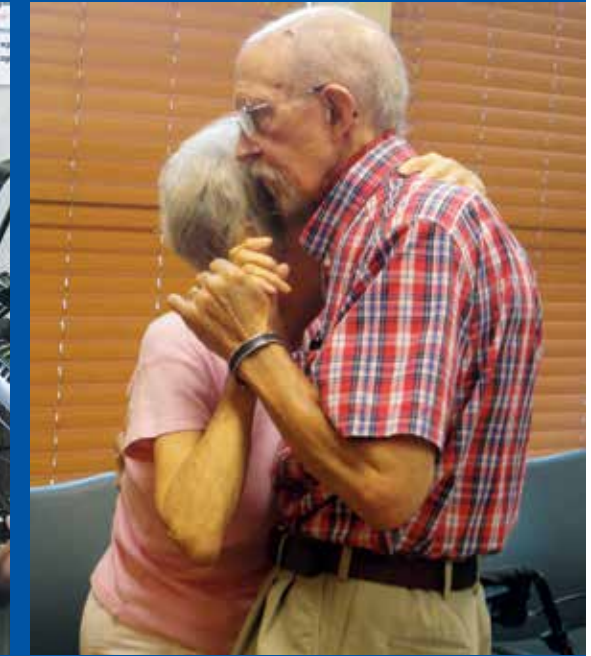
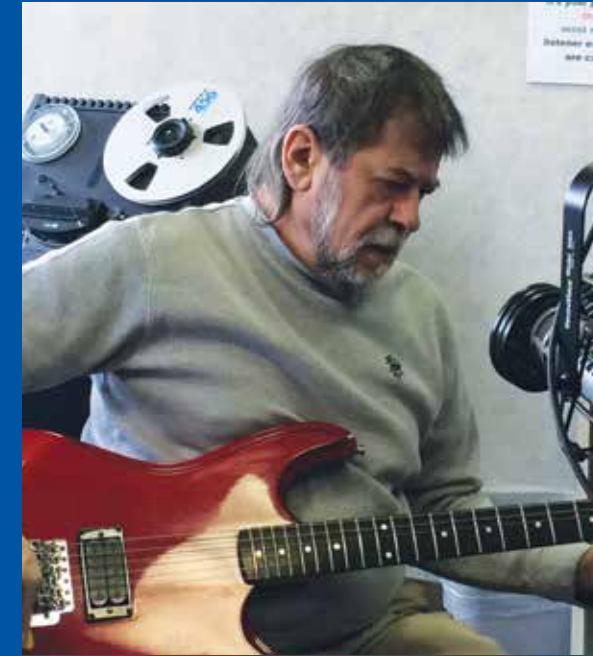
Everyone has the right to receive compassionate, dignified end-of-life care – and money should never be an obstacle to receiving this type of care. That’s why Center for Hospice Care (CHC) made a promise in 1980 that no one eligible for hospice care would be turned away due to an inability to pay. “We mention this promise often because our commitment to providing these services, regardless of one’s ability to pay, is one of the driving forces behind our fundraising efforts,” said Mike Wargo, chief operating officer of the Hospice Foundation. “This generous community has enabled us to keep that promise – and we intend to continue fulfilling that commitment into the future.”

Thanks to the ongoing generosity of our many supporters, we have been able to keep that promise. In the last five years alone, CHC has provided nearly \$10 million in unreimbursed and discounted patient care and bereavement services to thousands of people throughout our local community.

All donations – large and small – contribute to keeping this promise to the community. As the largest hospice provider in Indiana, CHC is privileged to be able to support the community in this way. In fact, our 2017 Annual Appeal focused specifically on funding for charity care through the recently established “Sister Carmel Helping Hands Fund,” created in honor of Sister Carmel Marie Sallows C.S.C., our 34th Helping Hands Award recipient.

Much of what we do is bring members of our community together. Not simply to raise money to support CHC, but also to provide an opportunity for people to learn about the programs we provide to the community that have helped so many. Nothing brings people together like a great event, and over the years, the Hospice Foundation has had the privilege of hosting many well-received ones. These events have been as meaningful and touching, as they are fun and informative and focus on supporting the mission of CHC and the constituencies we serve across our nine-county service area.

Over the years, CHC has also benefited from numerous fundraising events held by other organizations. These groups, many photographed here, create their own signature events that engage the community and raise money. These proceeds are generously donated to the Hospice Foundation to support the work of CHC. On May 9, 2017 the Community Foundation of St. Joseph County held its second Give Local St. Joseph County, a 24-hour giving event. With 67 charities participating, CHC topped the list of charities for the largest amount of money raised at \$528,000.



Donor Impact Stories



Larry Kajzer
 “I started volunteering with Center for Hospice Care in 2009. In 2012, I started the veteran pinning ceremonies. I am a military veteran, serving from 1967-1969, in Korea from 1968-69. I am aware of all who served as well as those still serving to help make this the great country it is today. That is why I take an active role in thanking them for their service by supporting CHC through volunteerism and donations.”

Holly Farmer

“Working for Center for Hospice Care for over 17 years has given me the opportunity to be a part of the life-changing services we provide to the community – especially to those grieving the death of a loved one. I became a regular donor as a way of giving back to this amazing and generous organization that has given our community so much. I am honored to support the services we provide and appreciate being able to see the positive impact we have every day in the lives of our patients and families.”



Bruce Boembeke
 “I first started supporting Center for Hospice Care in 2010 because I saw first-hand the compassionate and quality care my mother received from CHC. Because of my love of cycling, I have supported CHC through regular participation in Bike Michiana for Hospice and by raising additional money each year to support the important work of this organization. Knowing that my contributions are helping others in the community receive such compassionate care is personally meaningful.”



After Images: The Art of Healing

This unique program uses the creation of art to explore, express and navigate grief. Especially for those who are unable to work through their grief in other forms of counseling, this program offers members of our community an innovative way to come to terms with their loss.

Fundraising Activities

Memorial Hospital

More than 18 years ago, Memorial Hospital provided critical seed money for this program – which allowed CHC to begin serving those grieving in an innovative way. The organization recently committed \$50,000 to establish a permanent endowment for the program.

the hole in me since the day you died

Program director Dave Labrum worked with clients to capture the grief process in “the hole in me since the day you died.” This book provides a record of the journey through grief and honors the deceased loved one. Book sales proceeds support *After Images*.

Journeys in Healing

To raise both money and public awareness of *After Images*, the Hospice Foundation held the inaugural “Journeys in Healing Art Exhibition” in June 2017. The event brought more than 175 people to CHC’s Mishawaka Campus, many of whom bid on 12 extraordinary pieces of art created and generously donated by participants in the program.

Dave Labrum

After Images is directed by Dave Labrum. A licensed mental health counselor, he holds a Master of Science in Counseling from IU South Bend and a Master of Fine Arts from the University of Michigan. Over the past 25 years Dave has created art counseling programs for organizations that address a multitude of mental health issues and has specialized in providing grief counseling at CHC for the past 18 years.

One Journey

Felicia and Sean O’Brien’s healing journey began as they were grieving the loss of their infant daughter, Issa. They found that participating in the *After Images* art counseling program allowed them to effectively express their feelings of profound loss. They learned that healing – like art – is a process. “Healing occurs through externalizing things. Regret, pain, and unhappiness weigh on you as you grieve. To turn the hardest, ugliest feelings into color, texture, movement and make them into something beautiful is cathartic,” recounts Felicia. Felicia and Sean generously shared their story during our inaugural “Journeys in Healing” art exhibition and auction in 2017.

\$104,998 Raised

18 Years Serving our Community



Camp Evergreen: A Quarter Century of Service to the Community

Now in its 26th year, Camp Evergreen is designed specifically for grieving children of all ages who have experienced the death of someone significant in their lives. The camp, started by Leadership South Bend Class 20, has impacted thousands of people, including campers, families and friends. For the past 10 years, the Hospice Foundation has been privileged to support this camp through fundraising, events and volunteerism. Because of these efforts, the camp is available at no charge to grieving children in our community.

Fundraising Activities

Linda Lloyd Mission Endowment

Camp Evergreen received a significant boost through the generosity of the Lloyd family, who established the Linda Lloyd Mission Endowment for Camp Evergreen. Their gift has helped ensure that all grieving children in our community have access to this life-changing program.

Give Local 2017

On May 9, 2017, the Community Foundation of St. Joseph County hosted Give Local St. Joseph County. Some of the proceeds from that 24-hour giving event were directed toward the endowment for Camp Evergreen.

Community Support

To ensure ongoing funding and the existence of this program in perpetuity, many donors request that their donations be used to support Camp Evergreen.

\$318,265

Service to the Community

Raised



1,006 Campers Served

589 Staff and volunteers

Alyssa Peterson

When Alyssa Peterson's grandmother passed away in 2003 it was the first time she had lost someone close to her. "I had no experience with grief," Alyssa said. "I didn't know what to do."

Alyssa's mother heard about Camp Evergreen. "I went all weekend with my brother," Alyssa said. "It was a blast. Spending time with kids my own age who were going through the same thing and learning how to grieve appropriately is so important."

In fact, her experience made such an impact on her that Alyssa became a camp volunteer. "I've been a day camp buddy for years. I want to make sure kids have the same great experience I had."



Educating our Community on End-of-Life Care

“One of the principal focuses of Center for Hospice Care (CHC) and the Hospice Foundation is educating future healthcare providers about the concept of hospice and introducing them to the benefits that hospice and palliative care provide to those facing serious, life-limiting illnesses,” said Cyndy Searfoss, director of education and collaborative partnerships. This focus on education extends to educating the community about end-of-life issues.

This mission led us to create the Center for Education & Advance Care Planning. The center helps make talking about end-of-life concerns easier – easier for professionals advising patients or clients, easier for those thinking about their own wishes, easier for those who have loved ones near or at the end-of-life.

Provider Education

As the demand for hospice care continues to grow, so does the need for adequately trained medical staff. A generous gift from the Vera Z. Dwyer Charitable Trust in the form of a dollar-for-dollar matching grant up to \$1 million will ultimately establish a permanent endowment to fund the Vera Z. Dwyer Fellowship in Hospice and Palliative Medicine.

This gift will enable us to fund one physician annually in this one-year, post-residency program in perpetuity. Due to the critical need to increase physician training in hospice and palliative medicine, the trust is also providing a gift of \$100,000 per year for five years to fund one physician per year immediately. Our first fellow, Kayla Herget MD, completed her rotation in May 2018.

In addition to helping educate board-eligible hospice and palliative care physicians, the foundation provides continuing education in end-of-life issues for providers. Last fall, Dr. Lyle Fettig and Dr. Erin Newton of the Indiana University (IU) School of Medicine led the first “IU Talk” (see page 16).

“This amazing gift puts CHC at the forefront of delivering specialized training in hospice and palliative medicine. By enabling us to support additional community educational activities and train more physicians, CHC will continue to lead the way in all end-of-life issues.”

**CHC President/CEO
Mark Murray**



\$1.75 million to fund education

The goal of this one-day workshop was to empower physicians and advance practice nurses with the critical communication skills needed to discuss serious illness with their patients and families.

Community Education

The gift that keeps on giving

The gift from the Vera Z. Dwyer Charitable Trust also included a gift of \$250,000 over five years, enabling the Center for Education & Advance Care Planning to develop community education programs.

These programs take many forms – from providing forums to watch and discuss the PBS Frontline documentary “Being Mortal” – to hosting discussions about end-of-life over decadent chocolate creations. The underlying goal of all of these efforts is to normalize conversations about the end-of-life and encourage every adult in the community to complete his/her advance care directives.

In addition, CHC is also part of a community-wide consortium providing education, tools and resources to assist people with advance care planning. Honoring Choices® Indiana – North Central is a not-for-profit organization whose mission is to proactively engage people in our community in conversations with their loved ones and medical providers about their goal for quality of life and advance care planning. Honoring Choices® Indiana – North Central is part of a 13-state network that shares information, resources, and best practices. The partners engaged in the organization include hospitals, health systems, community groups, employers, educators, social service organizations and faith communities.

A strong partnership

CHC, the Hospice Foundation and the University of Notre Dame’s Ruth M. Hillebrand Center for Compassionate Care in Medicine come together every 18 months to offer a unique one credit-hour course – “Introduction to Hospice and Palliative Care” (see page 17).

The course covers topics focused on how hospice and palliative care is delivered within the current healthcare system. Students are also given an introduction to the compassionate interpersonal communication skills required in caring for those in need of palliative care or who are dying.

“The seven-year collaboration we’ve had with the University of Notre Dame has had an impact on literally hundreds of students who wish to learn more about hospice and palliative care,” said Hospice Foundation COO Mike Wargo. “By reaching undergraduates who are considering opportunities in healthcare, we have been able to shine a spotlight on the much-needed and continually evolving specialty of hospice and palliative medicine.”

Impact Statements

Kayla Herget, MD

“I was honored to be the first Vera Z. Dwyer Fellow in Hospice and Palliative Medicine, and grateful to Center for Hospice Care for providing this wonderful opportunity. By spending time with CHC staff and patients, I was able to deepen my understanding of and experience with end-of-life care.”



Wendell Walsh

“Center for Hospice Care regularly offers educational programs for all in our community. One example is the screening of the PBS Frontline documentary *Being Mortal*. The film focused on the need to have important end-of-life conversations. When the film was over, I enjoyed talking with other people who attended about their experiences.”

Carmen Alvarez

“I would say my favorite part about (the Intro to Hospice and Palliative Care) class was the honesty all of the speakers brought to the table. At 21, I’ve never given much thought to death nor have I ever spoken about it openly. It was shockingly refreshing to have such a direct and realistic conversation about this topic. It’s the first step to making it a normal part of life rather than a taboo subject.”



Area's Only Free-Standing Palliative Care Center

Center for Hospice Care (CHC) is committed to improving the quality of living for our patients, their families and the broader community. In addition to being the largest hospice provider in the state, CHC also provides palliative care, which is intended to alleviate the pain and symptoms associated with serious, life-limiting or chronic illness. Unlike hospice care, which is intended for patients with a life expectancy of less than six months, palliative care has no predefined time restrictions. To meet the needs of this population, CHC built the area's only dedicated freestanding facility – Center for Palliative Care – as a place to offer palliative care consultation and services.

The first of its kind in north central Indiana, this freestanding outpatient clinic gives patients and families an opportunity to receive the physical, psychosocial, emotional and spiritual support necessary to improve their quality of living. In addition, palliative care can help mitigate the depression that results from receiving the diagnosis of a life-limiting condition or chronic pain. This type of depression can reduce life expectancy, according to a study published in the *New England Journal of Medicine*.

Patients whose pain is adequately treated tend to sleep better, eat better and communicate more effectively with caregivers

and relatives. Patient- and family-centered palliative care optimizes the quality of life by anticipating, preventing and treating suffering.

The difference between palliative care and hospice care can be confusing. The most significant difference is that palliative care patients may simultaneously pursue active curative treatment. Palliative care includes aggressive symptom management as well as emotional support and assistance. Palliative care referrals may be made by any physician, preferably at an early stage of treatment. Once a referral is made, one of CHC's physicians or nurse practitioners will examine the patient and provide a consultation on options for care. Interdisciplinary teams comprised of physicians, nurses, social workers, chaplains and home health aides confer to support the care of our palliative care patients.

By providing these services to the community, and by raising money to create a dedicated facility, the Hospice Foundation continues to support CHC in significant ways that improve the lives of those in our community.

\$1,000,000 Raised

Fundraising Activities

Generous Matching Gift

To help make Center for Palliative Care possible, the Hospice Foundation received an incredibly generous matching gift from a local foundation. This \$500,000 gift was truly transformational and helped spur the community to action.

The Community Responds

With the \$500,000 matching gift as the impetus for action, our community stepped up in a significant way to match the full \$500,000. Through the commitment of the community, CHC and the Hospice Foundation were able to build the Center for Palliative Care on our Mishawaka Campus.

In addition, the combined \$1 Million gifts have supported the initiation and development of our community-based palliative care program.

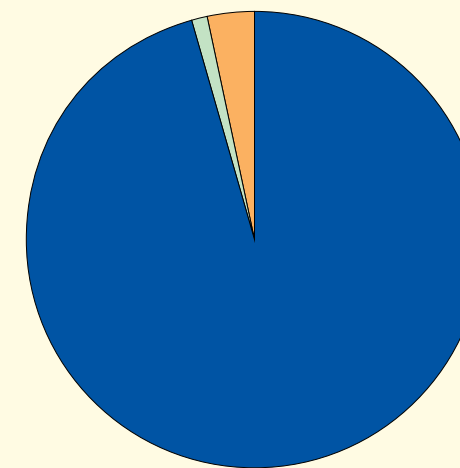


palliate \ 'pa-lē-, āt\

1. to lessen the severity of pain and disease without curing

2016-2018 STATISTICS

Breathe Eazy



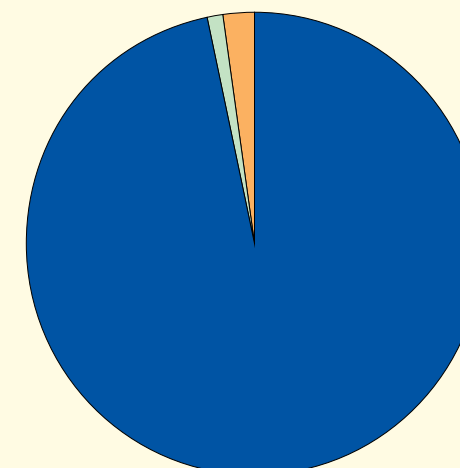
700 Total Patients

■ Patients that didn't go to the hospital
670 (95.7%)

■ ER Visits
6 (0.9%)

■ Hospital Admissions
24 (3.4%)

HeartWize



895 Total Patients

■ Patients that didn't go to the hospital
870 (97.2%)

■ ER Visits
10 (1.1%)

■ Hospital Admissions
15 (1.7%)



Breathe Eazy & HeartWize

To help manage the symptoms of chronic obstructive pulmonary disease (COPD) or of maximally treated heart disease, Center for Palliative Care delivers programs designed specifically for the challenges many patients face during these illnesses.

With a focus on symptom management, our BreatheEazy program for COPD and our HeartWize program for advanced heart disease, are designed to improve the quality of living for our patients. These programs led to reduced emergency room visits and re-hospitalizations (see charts to the left).

Each program is tailored to the specific needs of individual patients and includes specialized treatment protocols, medication, and nutritional guidance designed to provide maximum comfort. Since inception, these programs have helped many patients manage symptoms and reduce suffering.



Bridging Cultures, Connecting Lives

It's been said that pain and suffering know no borders. In 10 years of partnership with the Palliative Care Association of Uganda we have found that the same can be said of compassion. Since 2008, CHC has been in partnership with the Palliative Care Association of Uganda (PCAU), whose mission is "to promote and support affordable and culturally appropriate palliative care throughout Uganda." The focus of this partnership is capacity building, advocacy and knowledge sharing.

One of the partnership's early strategic priorities was to find sustainable office space for PCAU's headquarters. In its infancy, PCAU volunteers and staff members worked from the offices of both Hospice Africa Uganda and the African Palliative Care Association. In 2012, proceeds from Center for Hospice Care/Hospice Foundation's inaugural *Okuyamba Fest*, were directed toward purchasing a facility. PCAU's long-awaited dream of having a permanent home was realized in 2013.

During the last 10 years, PCAU has also successfully supported the expansion of palliative care services to 94 out of 127 districts of Uganda. However, there are still a number of unmet needs. It is estimated that only 10% of the Ugandan population with palliative care needs can access these services. PCAU is working with the Uganda Ministry of Health on integrating palliative care into the country's healthcare education and delivery system.

"It all started when we were partnered with Center for Hospice Care. We owe a big thank you to Mark Murray for buying into our vision," said Rose Kiwanuka, Country Director for PCAU. "The partnership has made PCAU visible, and it is the most successful partnership I've seen globally. We have learned from each other and have become brothers and sisters."

The partnership has been involved in a number of initiatives to increase awareness of the need for palliative care and train providers. These include:

Diploma in Clinical Palliative Care

Having healthcare providers specially trained in palliative care and licensed to prescribe morphine is essential to the provision of palliative care in remote areas of Uganda. CHC/HF has helped support

this initiative through its sponsorship of scholarships in Hospice Africa Uganda's Diploma in Clinical Palliative Care program. This one-year course equips clinical officers and nurses with the skills needed to prescribe morphine and deliver palliative care. Those who complete the course return to their communities to provide these critical services. Through 2018, CHC/HF has sponsored 62 students in the program.

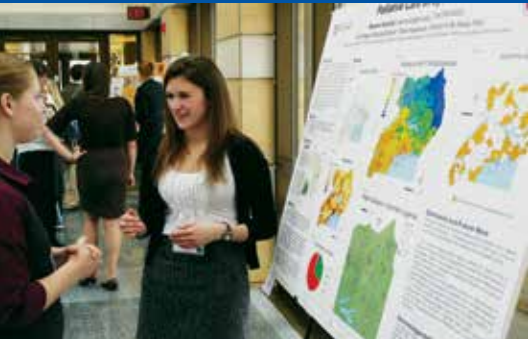
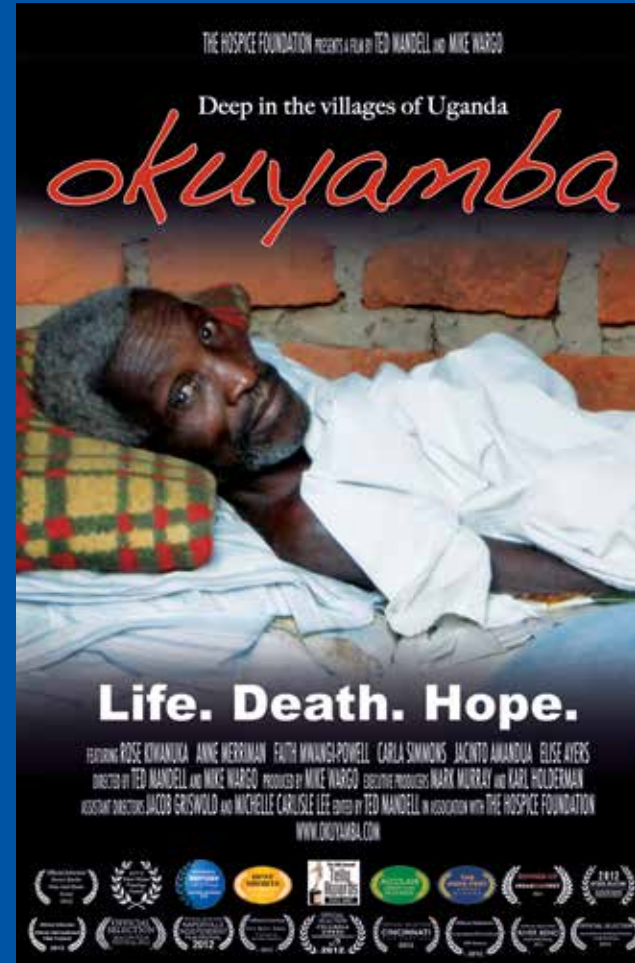
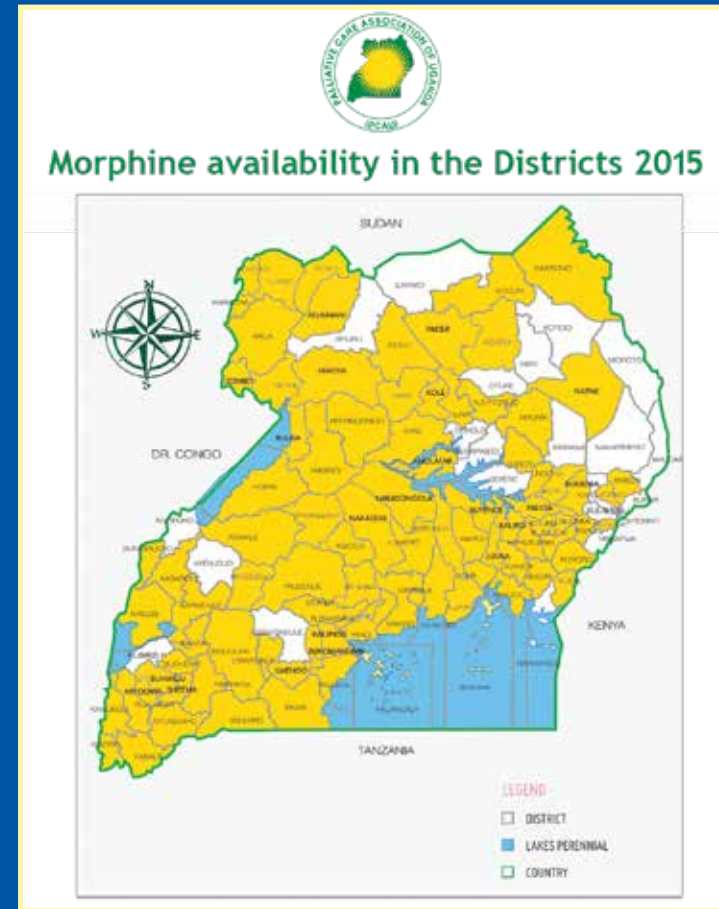
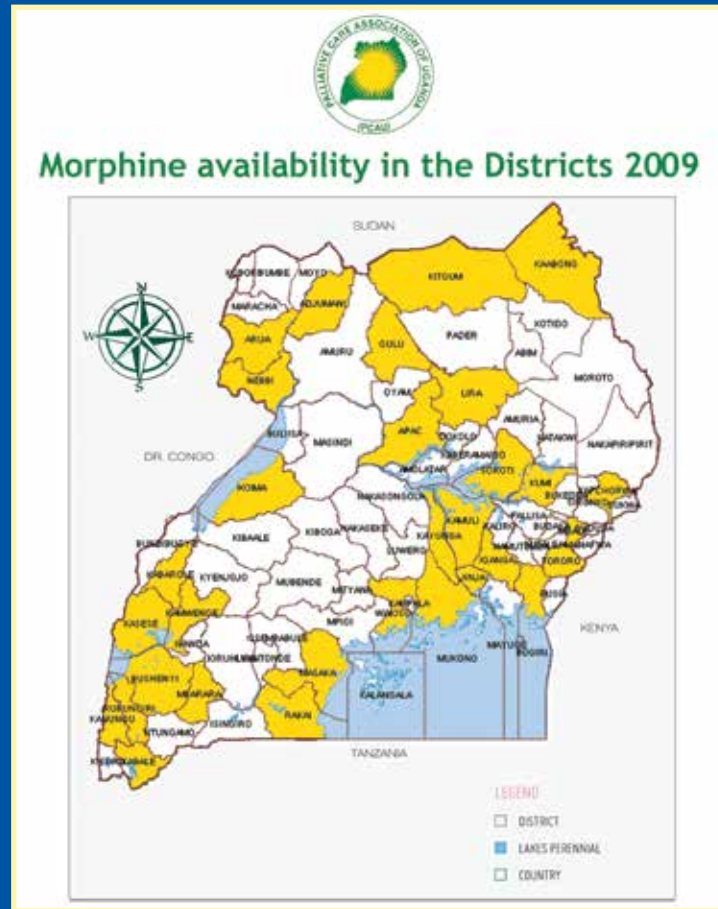
Okuyamba Film

To shed light on the challenges of delivering palliative care in sub-Saharan Africa, the Hospice Foundation produced two powerful documentaries: *Okuyamba* and *Road to Hope* (featured on pages 37-38).

The award-winning documentary *Okuyamba* uses powerful interviews with some of Uganda's leading palliative care experts. The film exposes the viewer to the harsh realities of living with life-limiting illnesses in this small, land-locked East African country, where a diagnosis of HIV/AIDS or cancer is regarded as a death sentence. These patients find better quality of life in their final days, with the help of Rose Kiwanuka and her small group of compassionate palliative care professionals. The documentary also sheds light on the tremendous work being done with extremely limited resources.

It was the success of CHC's partnership with PCAU that led the National Hospice and Palliative Care Organization (NHPCO) to contact CHC and the Hospice Foundation to consider becoming the new home for Global Partners in Care (GPIC), which was created in 1999 as a response to the burgeoning HIV/AIDS crisis in Sub-Saharan Africa. Incorporated as the Foundation for Hospices in Sub-Saharan Africa, the organization now works with 41 hospice programs across the

U.S. to support 41 hospice and palliative care programs in 13 low-resource countries around the world. GPIC officially became a part of the Hospice Foundation in January of 2017.



Bridging Cultures, Changing Lives

It's said that it takes a village to raise a child. Unfortunately, many children lack a community of people to rally around them. This is seen perhaps most clearly in Sub-Saharan Africa where many children become their dying parent's primary caregiver instead of receiving care themselves. With few to no resources, these children often have to drop out of school and perform menial jobs to make a living for themselves and their ailing parent. After the parent dies, the child is left orphaned, many times without a clear next step. Our Road to Hope program has begun to fill this gap in Uganda. This fund was created to help these children by offering hope for a better future by paying for their education and related expenses and providing ongoing psychosocial, emotional and spiritual support.

The Road to Hope program was created by Center for Hospice Care (CHC) and the Hospice Foundation, which also produced an award-winning film of the same name. The goal of the film was to document the harsh realities these children face on a daily basis. "The power of these stories – at the same time heartbreaking and heartwarming – cannot be overstated," said Mike Wargo, chief operating officer of the Hospice Foundation and producer/director of the film. "We believe that once people understand the unique challenges these children face and their incredible resilience, they will be compelled to help." The program currently has 57 children enrolled; all but eight have sponsors who support them financially.

Road to Hope Fundraiser

In 2014, *Chicago Med* and *Pretty Little Liars* star Torrey DeVitto hosted a charity event in West Hollywood that raised more than \$35,000 to support the Road to Hope program. DeVitto learned

about the Road to Hope program through her role as an ambassador for the National Hospice and Palliative Care Organization. She joined the crew during filming of the documentary and spent two weeks in Uganda and Kenya. According to Torrey, "When I was in Africa as part of the film crew, I got to meet some of the children in the program. The initial inspiration was a five-year-old boy named George, who had been the sole caregiver for his dying father. When his father died, he no longer had anyone to care for – and no one to care for him."

George | Jim & Hilda Hanley

At the age of five, George was caring for his terminally ill father. After his father died, he was sent to live with his absent mother whose new family did not accept him. He was not enrolled in school and slept in the chicken coop. Roberta Spencer, CHC and Palliative Care Association of Uganda (PCAU) volunteer, and Rose Kiwanuka, Country Director of PCAU found George and used a donation of \$100 from Jim and Hilda Hanley to enroll him in a government day school which also provided a meal each school day. That was the beginning of our Road to Hope Program.

When the Hanleys heard the story upon Spencer's return to the U.S., they agreed to sponsor George's education. This would provide a more stable environment for George as well as food and clothing.

"He is a thoughtful boy, has a smile that never disappears and 'smart' in many ways, but presents challenges to us with his formal schooling," Spencer said at the time. Kiwanuka agreed to take care of him during school breaks to reduce some of those challenges. "The Hanleys have continued to support George through ups and downs, but George does know he is supported by Jim and Hilda in the United States – two people he has never seen, but is thankful to them," said Spencer. "George is now about 13 years old and has hope and dreams for his future." Many of the worries of his early life have been quieted and he can simply be a child again. This is the hope for every child in the Road to Hope Program.

much of his own education by making and selling bricks. When not in school, he cared for his mother and arranged for others to help while he was in class. Dr. Ruta Ghandi and her husband, Dr. Vinod Chauhan, heard about Stephen's struggles and agreed to sponsor him for the remainder of his high school education. Children typically graduate from the Road to Hope program after they complete the Ugandan equivalent of high school, however, Stephen's passion to work in healthcare prompted his sponsors – physicians themselves – to continue supporting Stephen through his university education.

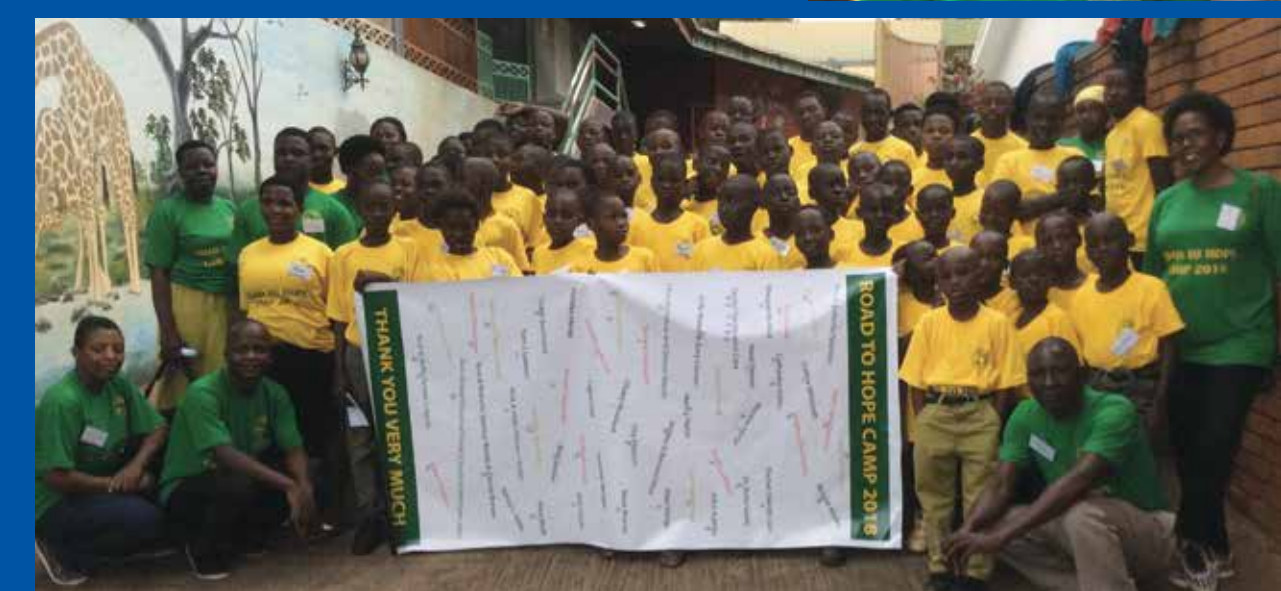
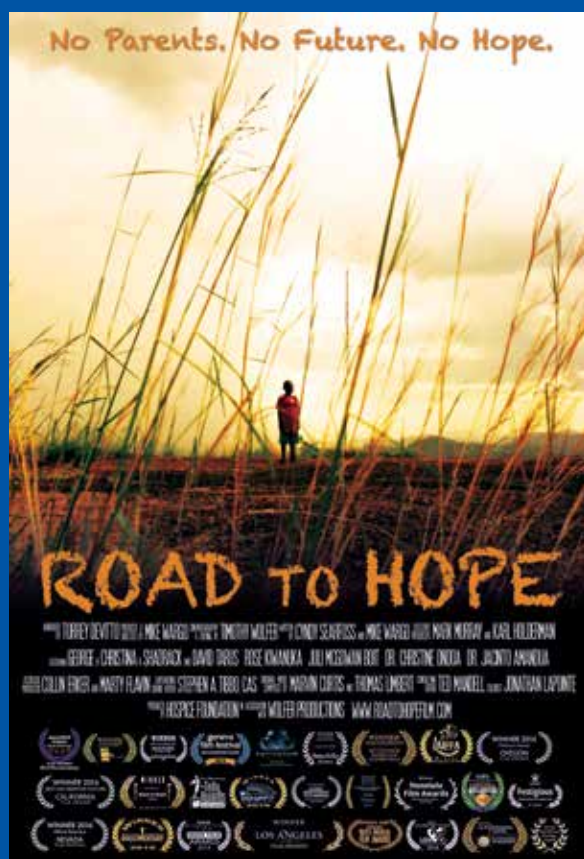
With their financial support, Stephen succeeded in becoming a clinical officer and worked at the clinic that helped with the care of his mother. After that, he went on to work at a hospice program in Jinja. It was then that Ghandi and Chauhan chose to sponsor another child, Tonny.

Stephen's ambitions, however, didn't stop there. He was interested in becoming a physician and had been accepted into Saint Augustine's International School of Medicine in Kampala but needed financial assistance. Once again Dr. Ghandi and Dr. Chauhan stepped up to support Stephen while continuing their commitment to Tonny. Stephen is now in his second year of medical school and is performing very well.

"Stephen is an inspiration," Spencer said. "He continues to follow up with other Road to Hope children, even with his busy schedule, and is a great role model!"

Stephen | Dr. Ruta Ghandi & Dr. Vinod Chauhan

Stephen joined the Road to Hope program in November of 2012 with the initial goal of becoming a clinical officer. He developed an interest in healthcare while caring for his dying mother. He was older than the typical student in the program but was recommended because he had financed



Improving the Quality of Living

Center for Hospice Care's DNA is intertwined with the community. We exist because of the vision and collaboration of community members and organizations that helped launch us. That memory is part of what fuels our commitment to improve the quality of living in the community.

It's part of the reason we collaborate with and support other organizations to serve the community. There are more than 40 local not-for-profits we partner with regularly – along with countless others we support throughout the year. This support ranges from hosting community events, offering the use of our conference spaces, and supporting fundraising events hosted by our partners.

We are humbled that our impact has been recognized throughout the community with several special awards.

2010 Not-For-Profit of the Year Award – Greater Elkhart Chamber of Commerce

The Business Recognition Council of the Greater Elkhart Chamber of Commerce named Center for Hospice Care as the recipient of its 2010 Non-Profit of the Year Award. The formal presentation of this award took place during the Chamber's annual meeting, which drew over 400 attendees.

2011 Business of the Year Award – REAL Services, Inc.

REAL Services honored CHC with the Business of the Year Award at their Age of Excellence Awards Luncheon in 2011. The Age of Excellence Awards celebrate unsung heroes in REAL Services' six-county service area who give of themselves to care for elderly and low-income individuals.

2014 Economic Impact Award – St. Joseph County Chamber of Commerce

CHC was chosen for the Economic Impact Award at the 2014 "Salute to Business." The award recognizes a company's strategic vision and its sustainable capital investment in the St. Joseph County economy.

2015 Juxta Crucem Award – Holy Cross College

Holy Cross College honored CHC with the Juxta Crucem Award at their inaugural "Through the Eyes of Faith" gala. The evening featured presentations about Center for Hospice Care's then-recent trips to Uganda where Holy Cross students and faculty were hosted by CHC's partner, the Palliative Care Association of Uganda.

PARTNER ORGANIZATIONS

- | | |
|---|-------------------------------------|
| A Rosie Place | Holy Cross College |
| Alcohol & Addictions Recovery Center | Holy Cross Mission Center |
| Alzheimer's & Dementia Services | IU School of Medicine |
| Association of Fundraising Professionals Michiana Chapter | Junior League of South Bend |
| Bashor Children's Home | Kelly Cares Foundation |
| Bike the Bend | LOGAN |
| Bike to Work Week | National Hospice Foundation |
| Casie Center | Oaklawn Foundation |
| Community Foundation of Elkhart County | REAL Services |
| Community Foundation of Marshall County | River Bend Cancer Services |
| Community Foundation of St. Joseph County | Ruthmere Museum |
| Community Hospital of Bremen | Ryan's Place |
| Economic Development Corp. of Elkhart County | South Bend Alumni Association |
| Elkhart Chamber of Commerce | South Bend Civic Theatre |
| Foundation of St. Joseph Health System | South Bend Heritage |
| Goshen Hospital & Healthcare Foundation | St. Mary's College |
| | St. Pius X Catholic Church |
| | Studebaker National Museum |
| | The History Museum |
| | Unity Foundation of La Porte County |
| | Vineyard Church |
| | Wellfield Botanic Gardens |
| | WNIT |
| | WVPE |

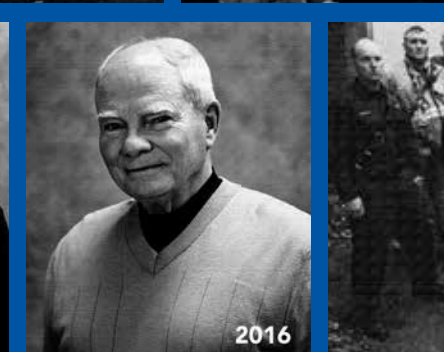
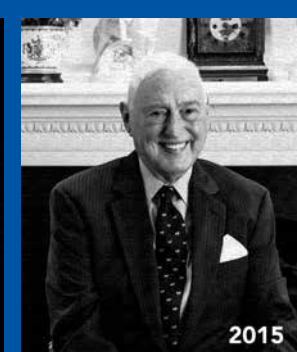
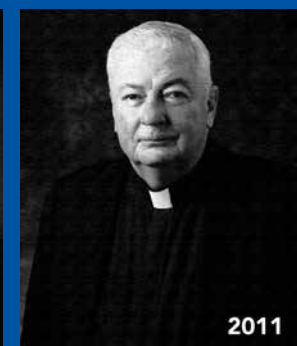


Honoring Servant Leaders

For 35 years, Center for Hospice Care has given the Helping Hands Award to individuals, couples and families who have demonstrated civic and charitable stewardship to improve the quality of living in the communities we serve. The award recognizes the recipients for exhibiting exceptional generosity, outstanding community achievements, direct financial support, or by motivating others to give. Each of the recipients have epitomized these qualities and are formally presented with the award at our annual Helping Hands Award Dinner in May. Funds raised in support of the dinner help us keep our promise that no one in our nine-county service area eligible for our services will be turned away due to an inability to pay. The honoree for 2019 is Catherine Hiler (see page 10).

Helping Hands Award Recipients 2008-2018

- 2008: Chris and Carmi Murphy
- 2009: Burkhart/Miller Family
- 2010: Wiekamp Family
- 2011: Rev. Richard V. Warner, C.S.C.
- 2012: Mary Osmani Ferlic
- 2013: Ann Manion
- 2014: Robert Deputy
- 2015: Lou Behre
- 2016: Bob Beutter and Joe Kernan
- 2017: First Responders
- 2018: Sister Carmel Marie Sallows, C.S.C.



HEART OF HOSPICE

HOSPICE INVESTMENT AND DONATION INFORMATION

Donor Profile: Tim Portolese In the Arena

Theodore Roosevelt, in one of his most widely quoted speeches, poignantly painted the picture of a man “in the arena.” Roosevelt’s intent was to inspire and encourage individuals to take action, to dare to take on big challenges risking and experiencing failure while upholding their best character traits for the greater good. Center for Hospice Care (CHC) and Hospice Foundation’s (HF) man “in the arena,” Tim Portolese, is a servant leader whose dedication to many worthy causes inspires the action exemplified in Roosevelt’s speech.

Tim fits Roosevelt’s portrayal of a person knowing “great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly.” HF is benefitting from Tim’s devotion as a CHC board member and a member of its fundraising advisory group, the campaign cabinet for “Cornerstones for Living: The Crossroads Campaign.”

“Tim’s many connections, expertise and insights about fundraising are all contributing factors to the ongoing success of our Crossroads Campaign,” said Catherine Hiler, campaign cabinet chair.

Tim brokers meetings, picks up the phone and asks people to become engaged and most importantly, he asks people to donate. Tim understands the importance of leading by example since he and his partner, Bruce Newswanger, D.O., are generous donors to the campaign.

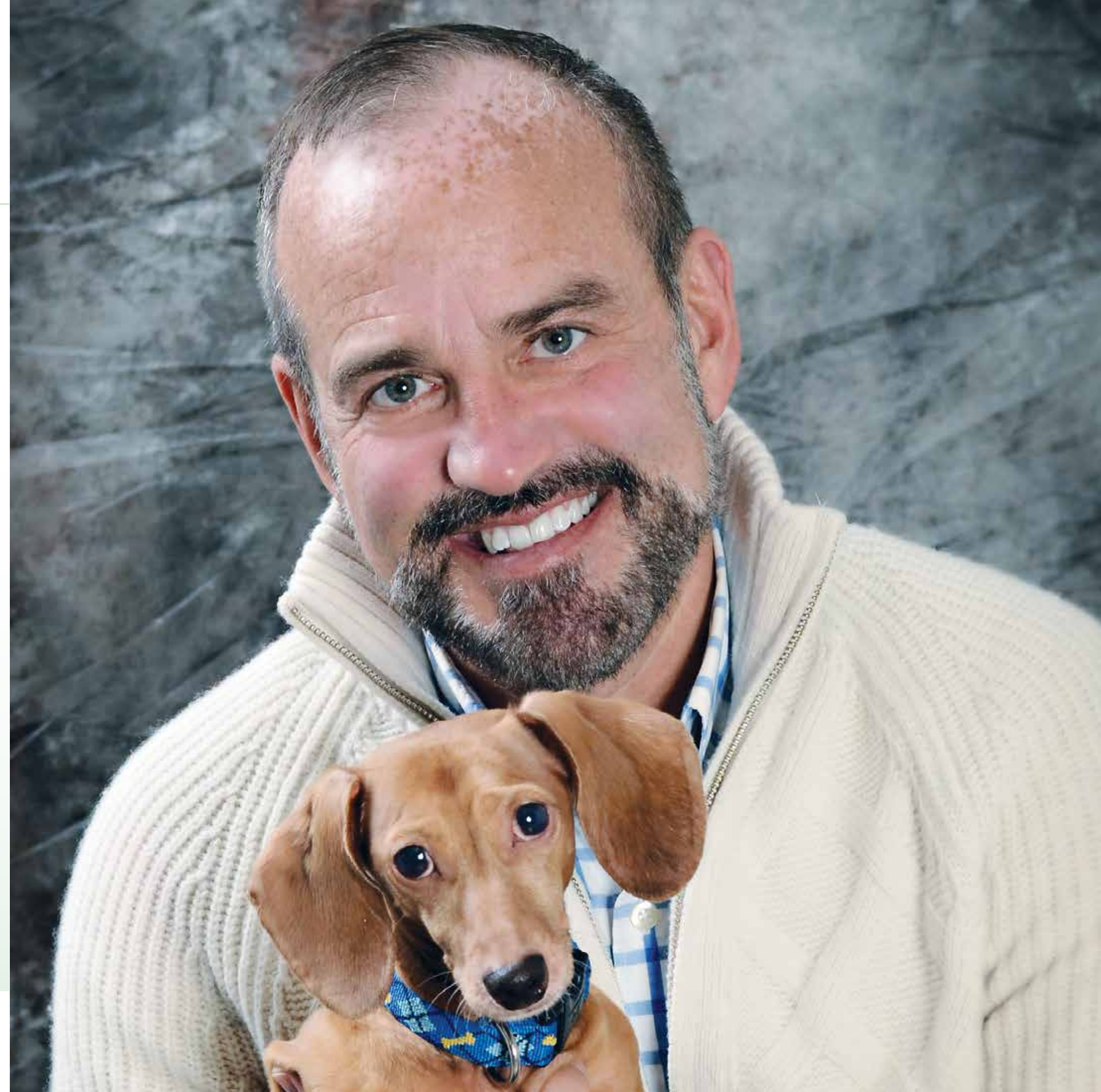
A Mishawaka native and long-time resident of Elkhart, Tim’s community connections reach far and wide. Beyond serving as a board member for CHC, his participation on not-for-profit boards includes the Elkhart General Hospital Foundation, Child and Parent Services of Elkhart County (CAPS), Humane Society of Elkhart County, Red Cross of Elkhart County, Heart City Health Center and Pet Refuge.

Tim was honored by the Association of Fundraising Professionals Michiana Chapter in 2012 with its Volunteer Fundraiser Award. He co-chaired Elkhart

General Hospital Foundation’s Have a Heart Gala in 2014. In 2016, CAPS of Elkhart County awarded Tim its Superhero of the Year Award as part of its Superhero 5K event. Recently, Tim was recognized by the Humane Society of Elkhart County for his work on its successful \$5.2 million capital campaign. Tim served as the campaign’s advisory committee chair.

Tim’s fundraising success is a reflection of his background in business and marketing. He has traveled extensively for business and pleasure, and his interests include art and architecture. Several years ago, Tim and Bruce transformed a 1938 home located on the St. Joseph River in Elkhart into an impressive Tuscan villa. A short time ago, they opted to downsize to a less-expansive riverfront property in Elkhart.

“It was time to move on, move forward into something new and different,” Tim said. As CHC and HF move forward with the Crossroads Campaign, Tim Portolese’s generosity and leadership continue to propel us toward greater fundraising success.



 **Cornerstones for Living:**
THE CROSSROADS CAMPAIGN

Crossroads Campaign Focused on Underfunded Priorities

Center for Hospice Care’s (CHC) comprehensive fundraising campaign *Cornerstones for Living: The Crossroads Campaign*, is pushing forward through its final months, and as of December 31, 2018, contributions and pledges total approximately \$11.5 million – thanks to the extraordinary generosity of many donors at all levels of giving.

“As the campaign moves into its final months, we continue to find inspiration from the support coming by so many

donors at so many levels of giving,” said Chris Taelman, chief development officer of the Hospice Foundation. “We’re excited that construction is now underway on Phase Two of our Mishawaka Campus. Underfunded priorities will be the focal point of our Crossroads Campaign, which ends on June 30. These priorities include the new inpatient care facility, named the *Ernestine M. Raclin House*, as well as a generous matching opportunity from the Vera Z. Dwyer Charitable Trust.”

Campaign Summary:

- \$11.5 million in donations and pledges through December 31, 2018
- Mishawaka Campus Expansion:
 - New 12-bed inpatient care facility, the *Ernestine M. Raclin House*
 - New Clinical Staff building
- Completing the \$1 million match awarded by the Vera Z. Dwyer Charitable Trust to support hospice and palliative medicine education
- Expand endowment funds to sustain and grow signature CHC programs such as Camp Evergreen, After Images Art Counseling and We Honor Veterans



Mishawaka Campus construction



Rendering of the Ernestine M. Raclin House

For more information about CHC’s services call 574-243-3100 or visit cfhcare.org. To learn more about or to contribute to Cornerstones for Living: The Crossroads Campaign, please contact Chris Taelman, chief development officer, at 574-243-3713 or at taelmac@cfhcare.org. You may also visit foundationforhospice.org/crossroadscampaign.

Community Corner

The Hospice Foundation is grateful for the generosity of the many groups that support Center for Hospice Care’s (CHC) mission through their independent fundraising efforts, grantsmanship and donations. Although we cannot recognize every effort, we are pleased to take this opportunity to recognize the following and thank all those in the community who support our organization.

V.F.W. Post 88 Auxiliary donated \$250 to CHC.

Trinity Health gave \$160 to CHC to help those in need in our community.

CHC received \$75 from **Newcomers of Michiana**, a women’s bridge club, to help families.

Kappa Kappa Kappa Inc Beta Gamma Chapter in Mishawaka gave a gift of \$225 to sponsor a camper at Camp Evergreen.

\$200 was donated to CHC by **Inwood United Methodist Church in Bourbon, IN**.

Kappa Kappa Kappa Inc Beta Delta Chapter in Plymouth donated \$250 to CHC to further our worthwhile mission.

Club 15, an organization with about 125 members located in Mishawaka, gave \$1,000 to our organization.

The Women’s Fellowship of Crest Manor Church of the Brethren gifted \$100 to CHC.

Each year **Dec-O-Art** earmarks a portion of their profits for charitable donations. CHC was selected this year to receive \$5,520 to further our cause.

Employees at **First Federal Savings Bank** in Plymouth paid \$5 to wear jeans on Fridays for a month. \$180 was raised and donated to the Hospice Foundation.

St. Joe Valley Street Rods

The St. Joe Valley Street Rods have been long-time supporters of Center for Hospice Care (CHC). For a number of years they have sold coupons for a large, three-topping pizza at the Mishawaka Barnaby’s location as a fundraiser for CHC. On July 20, 2018, members of the group brought their cars to the Mishawaka Campus – along with this year’s donation of \$12,000, bringing their cumulative donations to over \$113,000!



Due to Internal Revenue Service tax regulations, we may only issue written acknowledgement for donations made payable to and/or processed directly by Center for Hospice Care or the Hospice Foundation. Donations made and/or processed via a third party may not be eligible for a charitable tax deduction. If you have any questions regarding charitable contributions, contact Mike Wargo, chief operating officer, at 574.243.2059 or wargom@cfhcare.org. For specific tax advice, you should visit the IRS website at www.irs.gov or contact your tax advisor.



Circle of Caring

Champion \$25,000 and above

Anonymous
Mr. Arthur J. Decio
Mr. and Mrs. Bipin Doshi
Vera Z. Dwyer Charitable Trust
The Foundation of Saint Joseph Health System
Mrs. Karen S. Hiler
Mark M Murray
Mrs. Ernestine Raclin
University of Notre Dame

Chairman Circle \$10,000 to \$24,999

1st Source Foundation
Alick's Home Medical
Anonymous
The Cressy Foundation
DJ Construction Co.
Mr. and Mrs. Matthew Edmonds
Forest River Inc.
Gates Automotive, Inc.
Give with Liberty
In Memory of Charles C. Hinds
Mr. Mr. and Mrs. Joseph McKew
Mr. and Mrs. Joseph McKew
Mr. and Mrs. John Hiler
Mr. and Mrs. Michael Joines
Ms. Kellie Lyons
Memorial Hospital
Mr. and Mrs. Michael Orr
St. Joe Valley Street Rods
Schurz Communications Foundation, Inc.
Mrs. Nancy K. Shephard
Mr. and Mrs. Michael J. Wargo

President's Society \$5,000 to \$9,999

Anonymous
Mrs. Laverne M. Auger
Ms. Nancy Barrett
Mr. Jacob M. Borowski
Mr. John Collins
Dec-O-Art, Inc.
Dynamic Mechanical Services, Inc.
Kristin and William Fenech Family Foundation NE Fund
Foegley Landscape Inc.
Mr. John Foegley

Ms. Tami Greenawalt
Gurley-Leep Automotive Family
Ralph M. and Lucille M. Hass Fund
Mrs. Phyllis Hause
Helman Sechrist Architecture
Robert J. Hiler Family Foundation
The Horton Family Fund
Holy Cross College
INSERV, Inc.
Mr. Kurt Janowsky
Mrs. Linda R. Jenkins
Kash Family Fund
Andrew J. and Florence A. Krizman Endowment Fund
Evelyne Major Fund
Mr. Robert Mead
Michiana Hematology-Oncology, PC
Dr. and Mrs. Samuel Milligan
Mr. and Mrs. Anthony Mudd
Mr. and Mrs. Philip J. Newbold
Mrs. Carolyn J. Peterson
Mr. and Mrs. Irving Rosenberg
Mrs. Stacy Scott-Shelton
Mrs. Mary Jane Stanley
Streffling Foundation Inc.
Studebaker National Museum, Inc.
Teachers Credit Union
The Tire Rack
WNIT Public Television*
* Denotes in-kind gift

Helping Hands Society \$1,000 to \$4,999

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Alick Family Fund
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Mr. and Mrs. Charles Barany
Barnes & Thornburg LLP
Mrs. Sandra Joan Barritt
Mr. Chris Batalis
Beacon Health System
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Mr. and Mrs. Joseph Bleich
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Ms. Elisabeth Bolduc
Mrs. Janette Burkhardt-Miller
Carleton, Inc.
Mrs. Carol J. Case

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Mr. Robert R. Cleppe
Mrs. Sandra E. Clingenpeel
Club 15
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Corson Family Foundation
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Mr. Edwin Czelatko
DSM Intentional Eucharistic Community
Mr. James Davis
Ms. Judith A. DeFries
Mr. Donato DeiPrete
Bill Deputy Foundation
Diversified Realestate, LLC
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Mr. and Mrs. Michael Ottow
Mrs. Jean E. Perrin
Mr. John Pfeil
Mr. and Mrs. Thomas S. Piekarski
Mrs. Laura Pitrak
The Porile Family Charitable Fund
Mr. and Mrs. Michael Powell

Heart of Hospice Club \$500 to \$999

American Legion Post #400

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Ms. Carolyn Healy
Mrs. Mary Henderson
Mrs. Carol Hennion
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Hiler Family Foundation
Hillenbrand Capital Partners
The History Museum
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Mr. and Mrs. James Zimmerman
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Zion United Church of Christ
* Denotes in-kind gift

Caregiver's Alliance \$250 to \$499

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Estate of Kay Joice Stemen

In Memory

The following memorial gifts were made to the Hospice Foundation between 4/1/2018 and 9/30/2018. We are very grateful for these gifts as they enable us to fulfill our mission to improve the quality of living.

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Marie Helene Carter

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Sharon E. Gregor

In Honor of Center for Hospice Staff – Laura, Jim, and Tammie

Ms. Cynthia A. Howl

In Celebration of Janet Lou DeVere's Birthday

Jane McCombs
Bobbie A. Smith

In Celebration of Patricia Feehly's Birthday

Jeanette and Larry Hauguel

In Honor of Michele R. Guldberg

Mrs. Lee Moore

In Honor of Lisa Haines

Mrs. Lee Moore

In Honor of Frances Kathleen Hojnacki

Ruth and Jim DeFreeuw

In Celebration of Jessica Mataranglo's Birthday

Jeanne Fowler

In Celebration of Mr. and Mrs. James Mollison's 50th Wedding Anniversary

Sharon and David Biek

In Honor of Martha Ann Monhaut

Mr. William P. Monhaut

In Honor of Suzanne (Sue) M. Morgan, RN, Hospice Director of Nursing

Ms. Sally Cornwall

In Honor of Eugene (Gene) J. Pauszek

Sommers Square East Homeowners Assoc.

In Honor of Dorothy M. White

Mrs. Dorothy White

In Honor of Donald (Don) C. Zimlich

Barbara J. Zimlich



In Recognition of Those Who Served

The following gifts were made to the Hospice Foundation between 4/1/2018 and 9/30/2018 in memory or honor of a service member. We are very grateful for these gifts as they enable us to fulfill our mission to improve the quality of living.

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Anne and Richard Watson

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Alice and Bob Cleppe

In Recognition of Veteran Service of Robert J. Hiler Jr.

Catherine and John Hiler
Robert J. Hiler Family Foundation

In Recognition of Veteran Service of James Richard Kopczynski

Jeanette McKew

In Recognition of Veteran Service of Thomas W. Martin Jr

Ms. Rosemary Peschke

In Recognition of Veteran Service of John F. McNarney

Patricia McCollough Flowers

In Recognition of Veteran Service of Robert Newbold

Mr. and Mrs. Philip A. Newbold

In Recognition of Veteran Service of Richard L. Parker

Marianne V. Parker

In Recognition of Veteran Service of William D. Vanslager Sr

Mr. William D. Vanslager, Jr

In Recognition of Veteran Service of Gary Lee Wardlow

Norma and Roland Wardlow



Cover Story Photo Captions



- 1-3. A few of the patients that CHC has cared for the past 10 years.
4. Rita and Dick Streffling's generous donation made CHC's Elkhart Campus possible.
5. The 11-acres of land donated by Al and Karon Ludwig were essential for CHC's Elkhart Campus.
6. Ribbon cutting event for CHC's Elkhart Campus.
7. Attendees gather for the annual dedication ceremony for memorial items at Elkhart's Garden of Remembrance and Renewal.
8. The beautiful Elkhart Campus is home to Esther's House, a seven-bed inpatient care unit.
9. The family room at Esther's House.
10. Scott and Holly Troeger gifted CHC this beautiful heart that is displayed in the Gardens of Remembrance and Renewal.
11. This rock memorializes Brian Hanley and Esther Streffling.
12. The beautiful water feature in the Gardens of Remembrance and Renewal.
- 13-15. Family members of CHC patients, Mary Stone (13), Deb Stone-Webb (14) and Karen Parsons (15) have spoken highly of the care their family members received at Esther's House.
16. The new plaque on the front of CHC's Elkhart Campus showing the newly named Esther's House.
17. People gather for the ground breaking ceremony for CHC's Mishawaka Campus.
18. Ribbon cutting ceremony for the Mishawaka Campus.
19. An aerial view of the Mishawaka Campus Master Plan.
- 20-23. A progressive view of the Mishawaka Campus construction.
24. The employee cafe at the Mishawaka Campus.
25. The Life Transition Center, CHC's bereavement counseling wing, includes a child counseling room.
- 26-27. The foyer of CHC's Mishawaka Campus.
- 28-29. Veterans Bob Beutter (28) and Joe Kernan (29) were honored with the 2016 Helping Hands Award.
30. The veterans memorial at CHC's Mishawaka Campus was renamed in honor of Captain Robert J. Hiler Jr.
31. The veterans memorial is a breathtaking sight at night.
32. CHC patient and veteran Wilbur Lewis was able to take an honor flight to Washington D.C.
33. Veteran "pinning ceremonies" are a part of CHC's participation in the national "We Honor Veterans" program.
34. Some of the veterans that attended CHC's veterans memorial dedication.
35. The Victory Belles performed for those in attendance at the veterans memorial dedication ceremony.
36. Medal of Honor recipient James McCloughan was the guest speaker at the inaugural Veterans Memorial Service.
37. Memorial bricks at the veterans memorial.
38. Indiana Adjutant General Maj. Gen. Courtney P. Carr arrived at the veterans memorial dedication via blackhawk helicopter.
39. The US Navy band performed at the dedication of CHC's veterans memorial.
40. Platform party at the veterans memorial dedication.
- 41-42. Bike Michiana for Hospice has been a great fundraiser over the years.
- 43-44. CHC's Walk for Hospice celebrated its 33rd anniversary in 2018.
45. The Helping Hands Award honors an individual, family, or group for their contributions to the community. In 2018, Sister Carmel Marie Sallows, C.S.C. was honored.
46. Tom's Car Care does a Lube-A-Thon, performing oil changes in exchange for donations to CHC.
47. For years, the St. Joe Valley Street Rods have sold Barnaby's Pizza coupons to benefit CHC.
48. Over 19 years, NAIFA's annual golf outing raised over \$90,000 for CHC.
49. A local professional wrestling organization donated proceeds from their charity night to CHC.
50. With the help of B100/Federated Media, patient Jim Searfoss was able to do a recording session.
51. Joan was an avid dancer, usually with her partner Larry. After being separated for years, they were reunited when Joan, a CHC patient, was able to once again dance with Larry, a CHC volunteer!
52. Lifelong Chicago Cubs fan Matt Talboom, a CHC patient, was able to attend a game at Wrigley Field thanks to CHC's employee giving program, the We Believe Fund.
53. CHC volunteer Larry Kajzer
54. CHC employee Holly Farmer
55. CHC/HF donor Bruce Boembeke
56. Attendees of our inaugural Journeys in Healing event view the works of art for auction.
- 57-58. Some of the many art supplies available for *After Images* clients.
- 59-63. Works of art created in the *After Images* program.
64. Felicia O'Brien works with Dave Labrum to select the pieces she will display at CHC's Mishawaka Campus.
65. Paintstiks are very popular with artists in the *After Images* program.
66. *After Images* director, Dave Labrum
67. Journeys in Healing attendees view Felicia and Sean O'Brien's artwork.
68. Attendees of Journeys in Healing got a chance to see the *After Images* studio at CHC's Mishawaka Campus.
69. An evergreen tree is planted at each Camp Evergreen. Campers then tie a ribbon with a memory of their loved one to the tree.
70. CHC employees at an early edition of Camp Evergreen.
71. Campers enjoy a game of cards.
72. The climbing wall is a new favorite among teen campers.
73. A collage showing campers from 1994 and 2018.
- 74-76. Alyssa Peterson as a camper (74) and after returning as a volunteer (75-76).
77. A camper and his adult buddy work on a memory box.
78. A team building game.
79. The ropes course has been a long time favorite for the older campers.
80. The charitable trust established by Vera Z. Dwyer has supported CHC's educational initiatives.
81. A sample of the desserts from a Death by Chocolate event.
82. A Cupcakes to Die For event.
83. Students at the Notre Dame class visit with some pet volunteers.
84. Kayla Herget, the first Vera Z. Dwyer Fellow in Hospice and Palliative Medicine.
85. Wendell Walsh, CHC/HF board member and educational event attendee.
86. Carmen Alvarez, Notre Dame student who attended the Intro to Hospice and Palliative Care class.
87. The Center for Palliative Care
- 88-89. The lobby (88) and an examination room (89) at the Center for Palliative Care.
- 90-91. Maps showing the availability of morphine in Uganda in 2009 (90) and 2015 (91).
- 92-94. CHC has worked with many college interns on the PCAU partnership, including Gaby Austgen (92), Ben and Mary Ann Wilson (93) and Brianna Kunycky (94).
95. TV Personality and Lifestyle Expert Brandi Millroy traveled to Uganda and worked with PCAU to support the partnership.
- 96-97. Photos from our Okuyamba Fest fundraiser for the partnership.
98. PCAU's permanent office space, partially funded through CHC's Uganda Impact Fund, an employee giving program.
99. CHC received the Global Partnership Award from Global Partners in Care for their work with PCAU.
- 100-101. Photos from the filming of HF's first documentary, *Okuyamba*.
102. Movie poster for *Okuyamba*.
103. HF COO Mike Wargo with nurses being trained in the Diploma in Clinical Palliative Care program.
104. Jim Hanley (center) helped start the Road to Hope program by giving money to support George, the first child on the Road to Hope.
105. CHC Volunteer with some children at the Road to Hope camp.
106. CHC Country Director with Road to Hope "graduate" Stephen.
107. TV star Torrey De Vitto accompanied the *Road to Hope* film team to Uganda.
108. Tickets to a Stevie Nicks concert and a meet-and-greet were auctioned off to benefit Road to Hope.
109. *Road to Hope* movie poster.
110. Host committee for a Road to Hope fundraiser in Hollywood: (l to r) Brant Daugherty, Bethany Joy Lenz, Daphne Zuniga, Torrey De Vitto, Lindsey McKeon and Ian Harding.
- 111-112. George in 2011 (111) and 2018 (112).
- 113-114. Stephen in 2012 (113) and 2018 (114).
115. Group photo from a Road to Hope camp gathering.
- 116-119. CHC regularly hosts community events in their conference center, including St. Joseph County Chamber of Commerce's Business After Hours (116-117), the Greater Elkhart County Chamber of Commerce's Biz-Ness After Hours (118), and the Northern Indiana Mayor's Roundtable (119).
120. 2010 Not-For-Profit of the Year Award
121. 2014 Economic Impact Award
122. 2015 Juxta Crucem Award
- 123-134. Helping Hands Award Winners during the past 10 years



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COMING SOON!



Thanks to the generosity of our donors, we have been able to construct a consolidated campus in Mishawaka. Our administration, bereavement and Hospice Foundation offices opened in 2014. In 2018 we broke ground on our Patient Care Staff building and our new 12-bed Ernestine M. Raclin House. We look forward to the completion of these two buildings this fall.

The Mishawaka Campus has been the main focus of our *Cornerstones for Living: The Crossroads Campaign*, the most ambitious fundraising campaign we have ever undertaken. There is still time for you to help us meet a couple underfunded priorities for this campaign. To learn more visit foundationforhospice.org/crossroadscampaign.